

# Cyclosporine/Sirolimus/Tacrolimus

## Brand Names:

- **Tacrolimus** (Prograf, Envarsus XR, Astagraf XL)
- **Cyclosporine** (Sandimmune, Neoral, Gengraf)
- **Sirolimus** (Rapamune)

## Reasons patient might be taking this drug:

Used to prevent your body from rejecting an organ after transplant.

## Food and Drug Interaction

This medication may be affected by the intake of the following fruits, fruit juices and herbs:

### **Avoid the fruit, fruit juice and any products with these items below:**

- Star fruit, pomegranate, grapefruit, Seville and other oranges (Cuties, clementines, tangerines, etc.) — no more than three 3-ounce juice servings daily.
  - o Always check the label of juices for these ingredients.
- Avoid these beverages: Sunny Delight®, Fresca®, Squirt®, citrus flavored beverages, POM® juice
- Additional food interactions: Avoid black mulberry juice, wild grape juice, black raspberry juice, or noni juice
- Avoid non-prescribed herbal (i.e., ginger, garlic, ginseng, etc.) or vitamin products, as they may interact with your prescription medication. Please speak to your registered dietitian and clinical pharmacist before taking any herbal or vitamin product.
- Herbal interactions may include: alfalfa, black cohosh, St. John's Wort, red clover, licorice root (candy is OK), red yeast rice, green tea extract (tea is OK), chamomile tea, valerian, ginseng, echinacea, goldenseal, Shisandra Sphenanthera fruit extract (Wuweizi or Magnolia Fruit)



**Star Fruit**



**Pomegranate**



**Grapefruit**



**Seville Oranges**

