The Women's Place

Center for Reproductive Psychiatry



The Women's Place at Texas Children's Pavilion for Women is one of only a handful of programs in the United States dedicated to the care and treatment of women's reproductive mental health. We work closely with other specialists throughout Baylor College of Medicine to better understand and improve women's mental health issues related to the reproductive cycle – and the impact on their children and families. With our combined expertise in psychiatry, obstetrics and gynecology, we understand what your patients are going through and offer the specialized, expert care they need.

Our services

We offer psychiatric consultation and treatment plans to help support women and their families with disorders at any phase of the reproductive cycle such as:

- **Assistance during reproductive loss and grief —** including stillbirths, miscarriage or the death of a child during the first year
- **Fetal Center and genetic counseling —** helping mothers cope after diagnosis of a fetal genetic disorder
- **Infertility issues —** mood and anxiety disorders associated with infertility diagnoses and treatments
- **Postpartum care —** help with mood and anxiety disorders after pregnancy, including postpartum depression. These are the most frequent complications after pregnancy—more common than infection and hemorrhage
- **Pre-pregnancy planning —** evaluation of a women's mental health and medications prior to conception and development of a plan to prevent or manage the onset or recurrence of psychiatric conditions. Women who had postpartum depression after a prior pregnancy have up to an 80% chance of recurrence
- **Premenstrual, perimenopause, and menopause —** assistance with mood and anxiety disorders related to the menstrual cycle and the menopause transition
- **Prenatal care —** help with mood and anxiety disorders that occur during pregnancy
- **Psychiatric medication management —** helping women and their primary physicians determine the best choice of psychiatric medicine during pregnancy and breastfeeding, based on the latest scientific information on the effects of these medications

PeriPAN Services

PeriPAN is a new, state-funded pilot project available to clinicians in four regions of Texas that are treating new and expectant mothers with mental health concerns. PeriPAN's perinatal psychiatrists and clinical staff can provide real-time support to clinicians on issues such as medication management and treatment plans for perinatal patients, referral assistance, and vetted resources. For more information, call PeriPAN **888-901-2726** or visit **tcmhcc.utsystem.edu/peripan**

Texas Children's®
Pavilion for Women

Meet our team

Our team has extensive experience evaluating, diagnosing and treating women with mental health issues related to the reproductive cycle. They are available to provide ongoing care during reproductive transitions or consultative services in partnership with their current clinician.



Nicole H. Cirino, MD
Reproductive Psychiatrist



Osarumen Nicole Doghor, MD
Reproductive Psychiatrist



Karen Louise Horst, MD
Reproductive Psychiatrist



Megan Howard, MD, MPH
Reproductive Psychiatrist



Christina Treece, MD
Reproductive Psychiatrist



Sindhura Vangala, MD
Reproductive Psychiatrist



Glorisel Gonzalez Viera, MD
Reproductive Psychiatrist



Teni Davoudian, PhD
Psychologist



Lisa Noll, PhD
Psychologist



Kimberly Samuels, PhD
Psychologist

Locations

The Women's Place offers virtual and in-person appointments. In-person appointments are available at the following locations:

Texas Medical Center
6620 Main St., Ste. 1200
Houston, TX 77030
Phone: 832-826-5281

Pearland
9003 Broadway St.
Pearland, TX 77584
Phone: 832-826-5281

Northwest Houston
13215 Dotson Rd., Ste. 360
Houston, TX 77070
Phone: 832-826-5281

How to refer a patient

Please visit **women.texaschildrens.org/refer** and select "The Women's Place (Reproductive Psychiatry)" to submit the online referral form. Complete as much of the form as possible and attach patient medical records before submitting. Medical records can also be faxed to **832-824-7333**. If you have any questions, please call the Provider Connect team at **832-TCH-CARE (832-824-2273)**.

** Please indicate on the referral if the patient needs to be seen urgently*

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