

Buka ena ke ea...

letsatsi



mokhoa
oa ho noa
litlhare



motekeno

letsatsi



mokhoa
oa ho noa
litlhare



motekeno

Baylor College of Medicine and Texas Children's Hospital, both located in Houston, Texas, operate a network of clinical centers that focus on child and family-centered healthcare and education in 6 countries in Africa as well as Romania.



“Thabiso, Abri,
timang TV. Ke
nako ea ho robala.”

“Empa ‘m’e, re ke se shebe hannyane hape?” ha rialo Thabiso, a utloile bohloko.

‘M’e oa bana a bososela, a re “Mora oa ka, ua tseba hore ka hora ea borobeli mantsiboea, ke nako ea ho robala. U lokela ho robala hantle ka nako sebakeng sa ho ea sekolong hosane.”

“Ke nako ea hore le hlatsoe meno, le iphotle, ‘me le noe litlhare tsa lona,’ a eketsa, a ntse a bososela. “Tlohong, ha re tsamaeeng.”





“M’e, na nka u
botsa potso?” ha
bua Abri ha a ntse
a hlatsoa meno.

“Ha ho molato,
moratuoa oa ka.
Potso ke efe?” ‘M’e
oa Abri a araba.

“Bosiu bo bong
le bo bong pele
re robala, re noa
litlhare tsa rona.
Hobane’ng re
tlamehang ho etsa
joalo?”

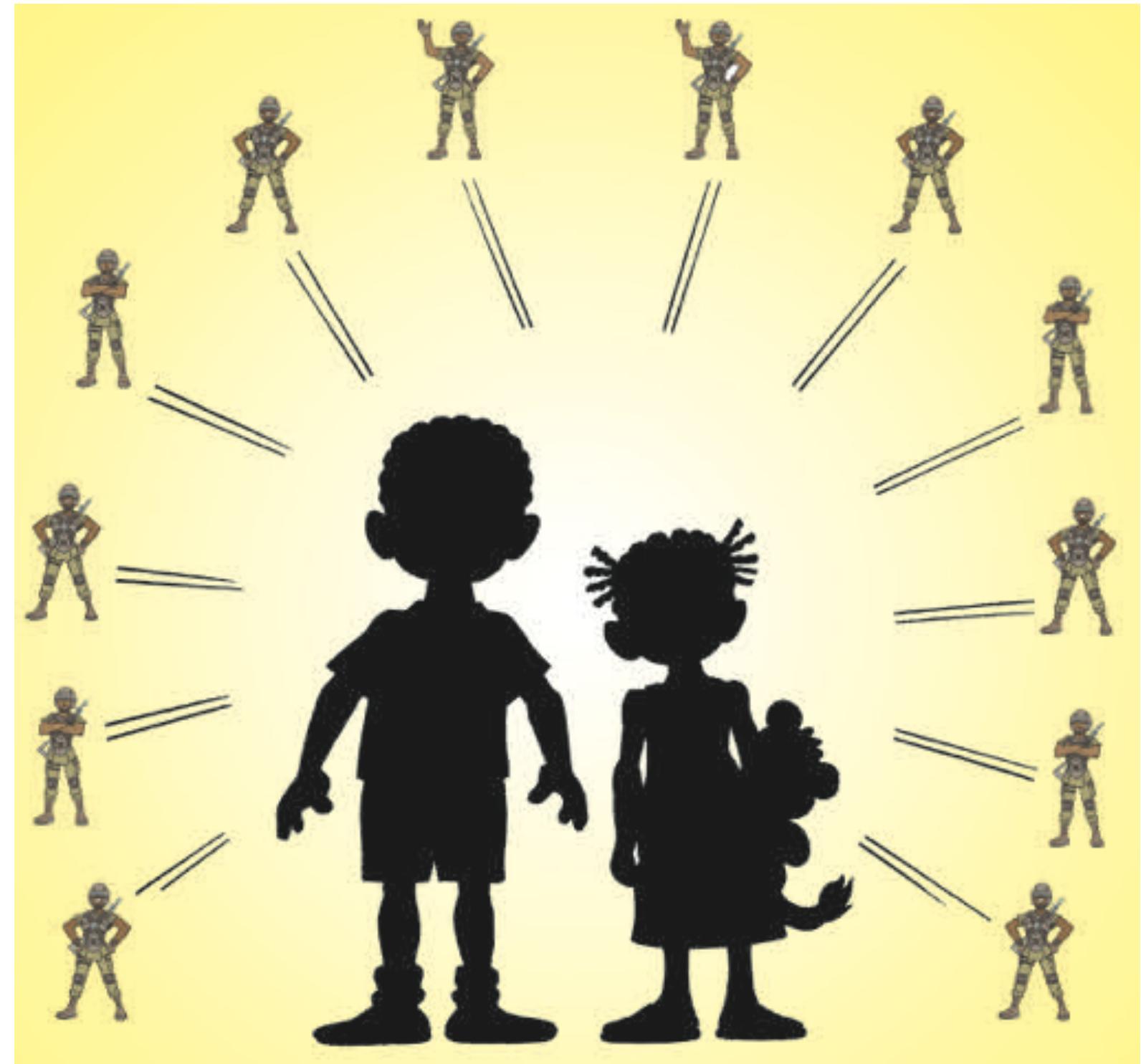
A close-up illustration of a woman's face. She has dark brown skin, large expressive eyes, and a wide, joyful smile showing her teeth. She is wearing a yellow top. Her right hand is visible, holding a white toothbrush with a pink and white tube of toothpaste attached to its handle. Her left hand holds a blue and white tube of toothpaste.

“Bana ba ka, le lokela ho noa litlhare tsa lona
kamehla ho thusa masolenyana a lona.”

Thabiso, a le pherekanyaneng, a botsa
“masolenyana a rona?” “Ke afe ao? Ha ke eso bone
masolenyana.”

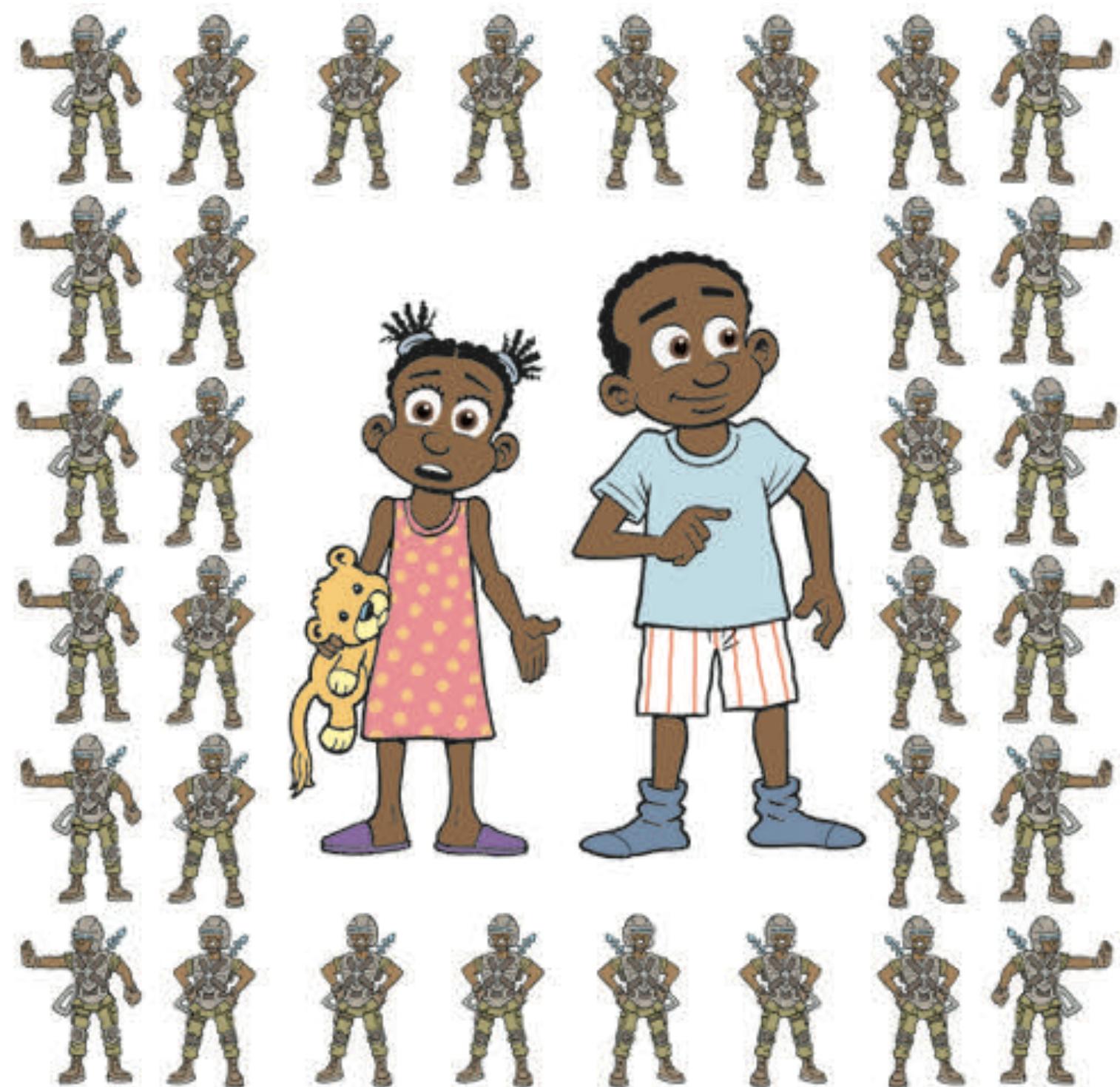


“U nepile,
Thabiso,” a rialo
‘m’eo bana. “Le
ke ke la bona
masolenyana
a lona hobane
a manyenyane
haholo-holo.”



“Ka har'a 'mele
ea lona ho na le
masole a mangata
a manyenyane.
Hohle moo le eang
teng, le sohle seo
le se etsang, a teng
ho le sireletsa.”

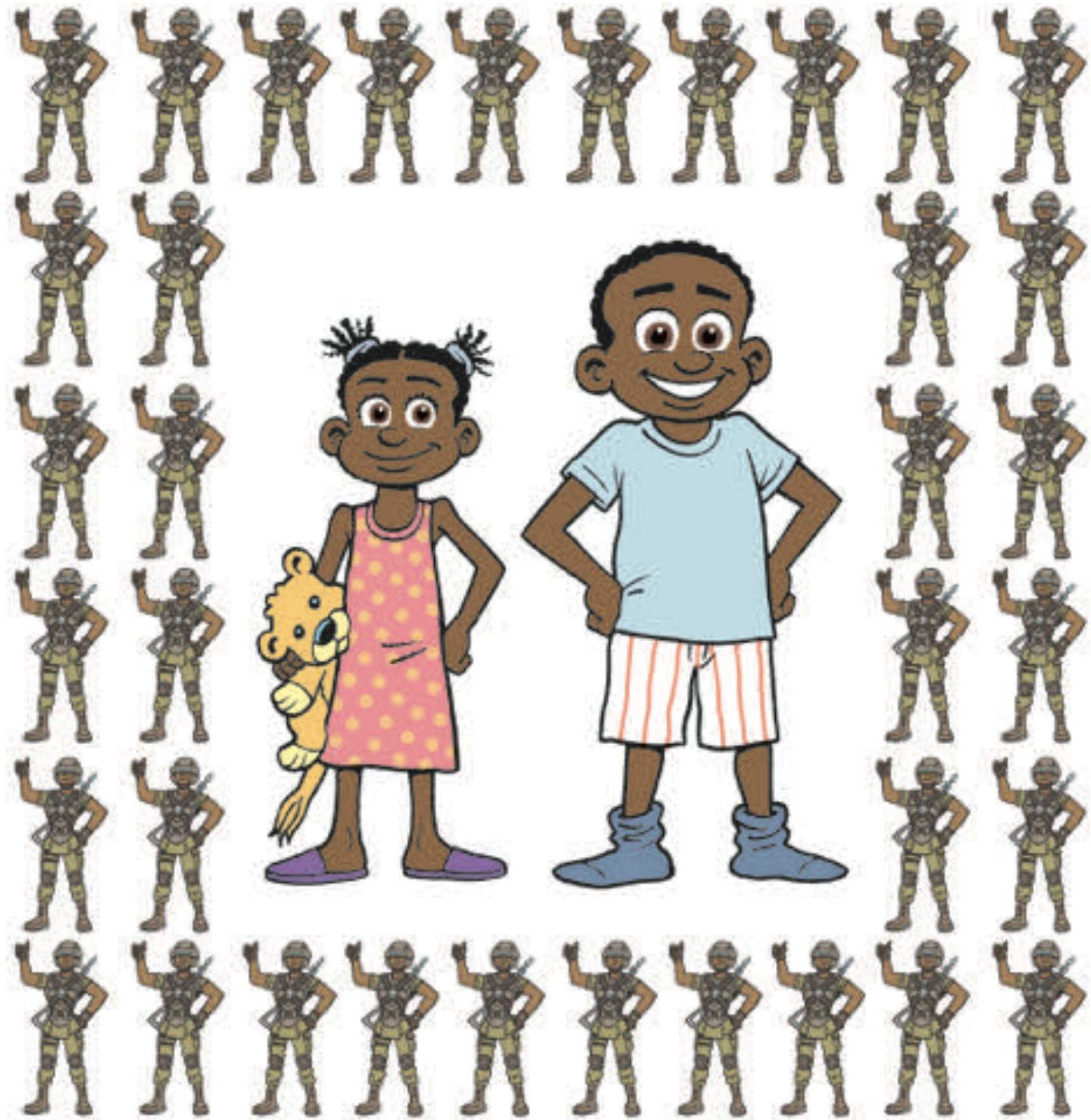
“A re sireletsa ho
eng?” Abri a botsa
ka thahasello.





‘M’e oa bana a
bososela ‘me a
qala ho hlalosa.
“Kamehla, ha
le ea sekolong
leha le bapala
kantle, hona
le likokoana-
hloko tse ‘nyane
tse nang le
ho le kulisa.
Masolenyana
a lona a loana
khafetsa ho
thibela likokoana-
hloko ho tla ho
lona.”

“Ha masolenyana
a lona a hlola, le
ikutloa le phetse
hantle ‘me le le
matla.”





“Empa ho na le likokoana-hloko tse ling tse ka hlolang masole a lona,” ‘m’eo bona a tsoelapele. “Ha hona ho etsahala, likokoana-hloko tse ling li ka nka monyetla, le tsona tsa kena tsa tla hlola masole a lona.”

“Ha le sa noe
litlhare tsa lona
hantle, masole
a lona a qala ho
hloloa ke ntoa
‘me e be lea kula.”



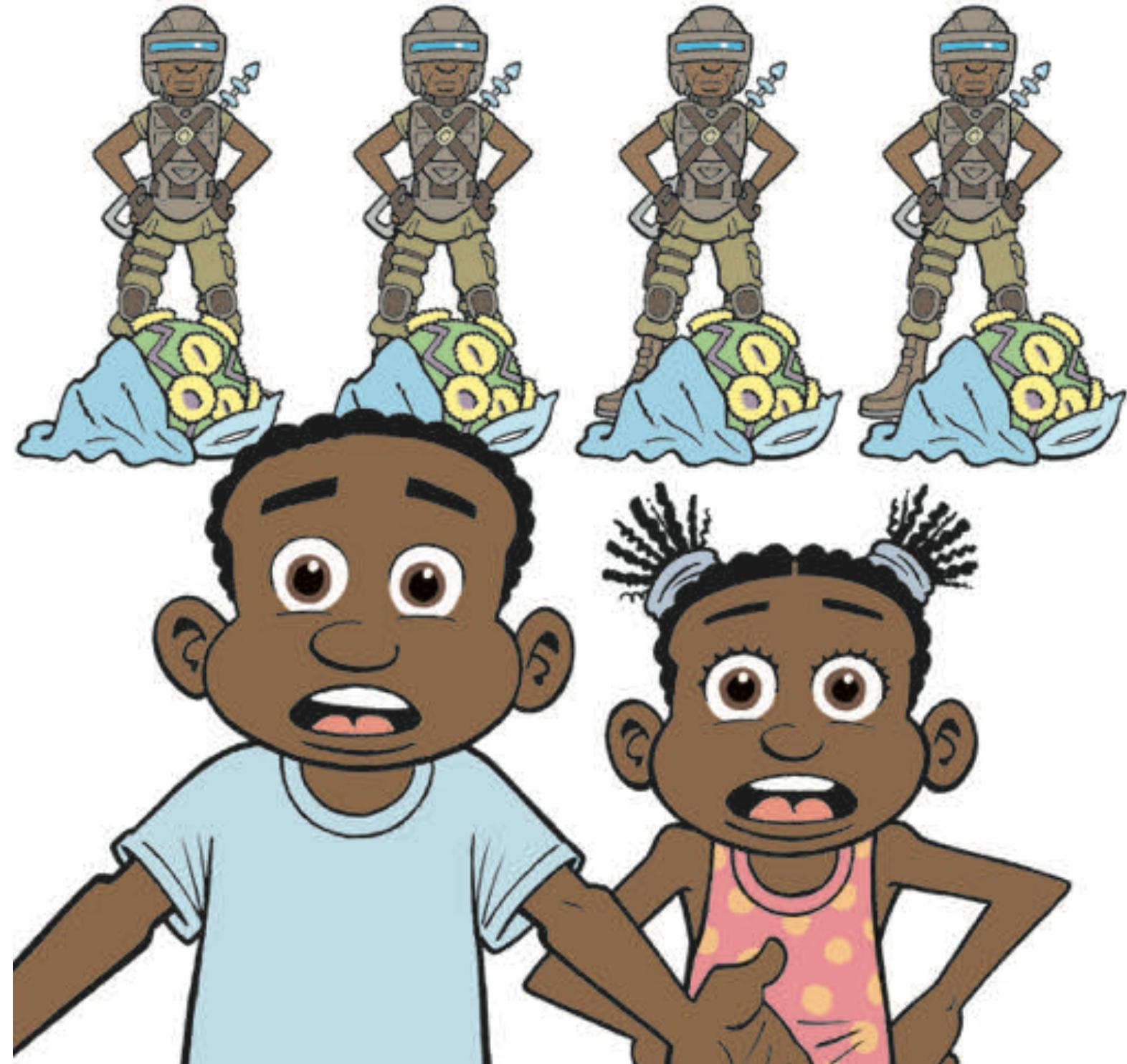


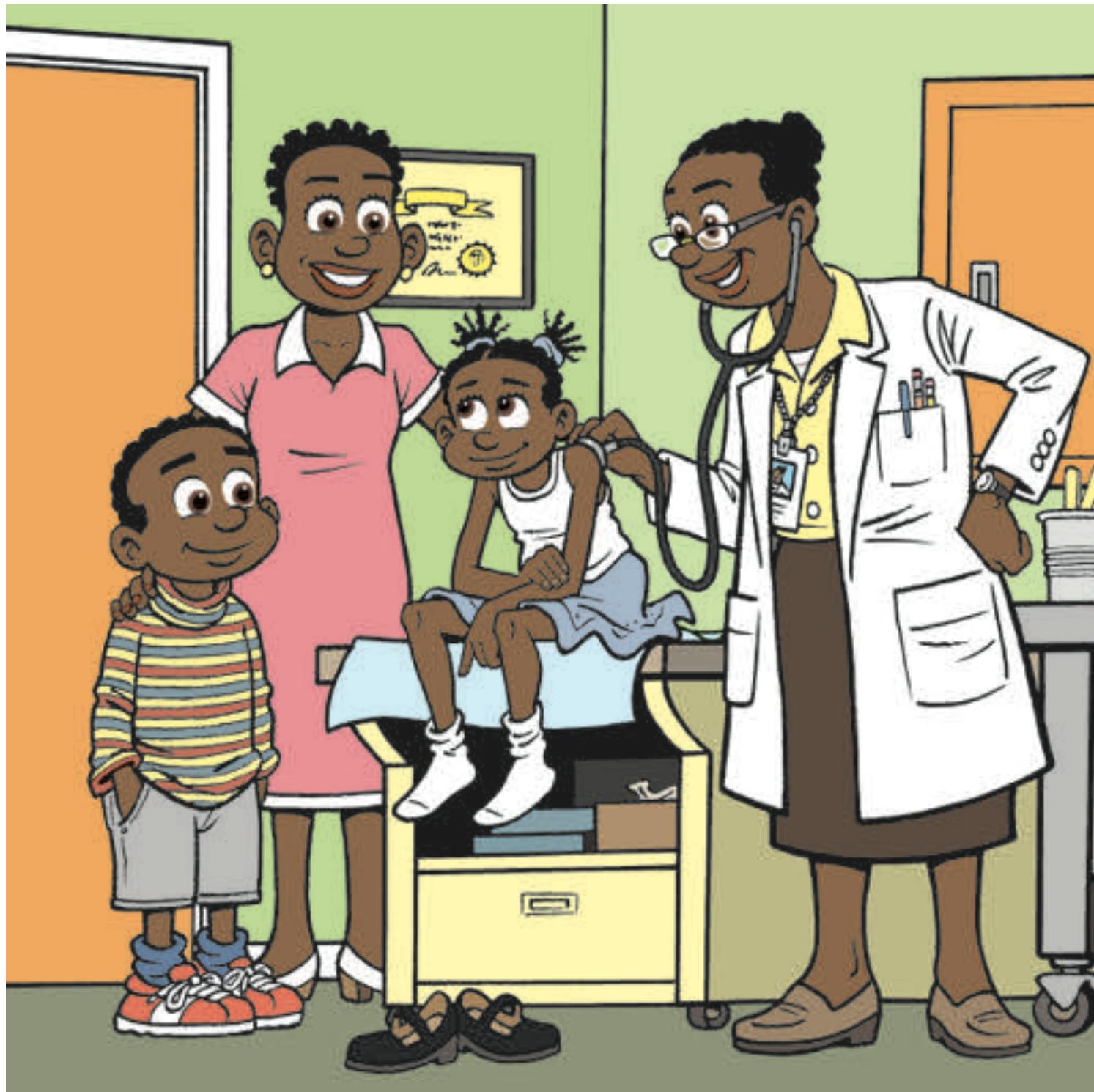
“Ha le noa lipilisi
tsa lona, le etsa
hore likokoana-
hloko li robale e le
hore masolenyana
a lona a tsoele pele
ho loana. Ho noa
litlhare tsa lona ke
tsela eo le thusang
masolenyana a
lona.”

“Empa ‘m'e, ha ke
rate lipilisi tsa ka.

Li etsa hore ke
tšoaroe ke boroko
kapa li nkutloise
bohloko ka
mpeng.”

“Ho joalo,” Abri a
eketsa. “Ka nako
e ‘ngoe ke tsoa
lekhopho ha ke
noa lipilisi tsa ka.
Ka nako e ‘ngoe
li etsa hore ke
tsekele.”





“Bana ba ka,” ‘m'e oa bona a arabela, “le nepile. Ka nako e ‘ngoe lipilisi tsa lona li ka etsa hore le ikutloe le sa phela hantle. Ke ka lebaka lena re tlamehang ho lula re ea ngakeng ho hlahlojoa. Ke ka lebaka lena, ka nako tse ling, ngaka e fetolang lipilisi, e u fe lisele.”

“U ka botsa kapa ua borella ngaka ea hao lintho tsohle. Ngaka ke motsoalle oa hao.”

“Empa le lokela ho noa lipilisi tsa lona kamehla e le ho thusa masolenyana a lona,” ‘m’è oa bona a tsoela-pele. “Ka nako e ‘ngoe le batsoali ba lona ba ka lebala ho le fa lipilisi tsa lona.

Le tšoanelo ho re hopotsa hore re le fe lipilisi tsa lona ha ho bonahala re lebetse.”





“M’e, ke ferekane.
Metsoalle ea ka e
mengata ha e noe
lipilisi kamehla.
Ha ba tšoane le
‘na? Ke mobehali
ho feta bana ba
bang ha e le moo
ke lokela ho noa
lipilisi?”

“Ho na le bana ba bang ba lokelang ho noa lipilisi ho thusa masolenyana a bona, athe ba bang ha ba etse joalo. Empa bana bohle ba lefatše ba tšoana.”



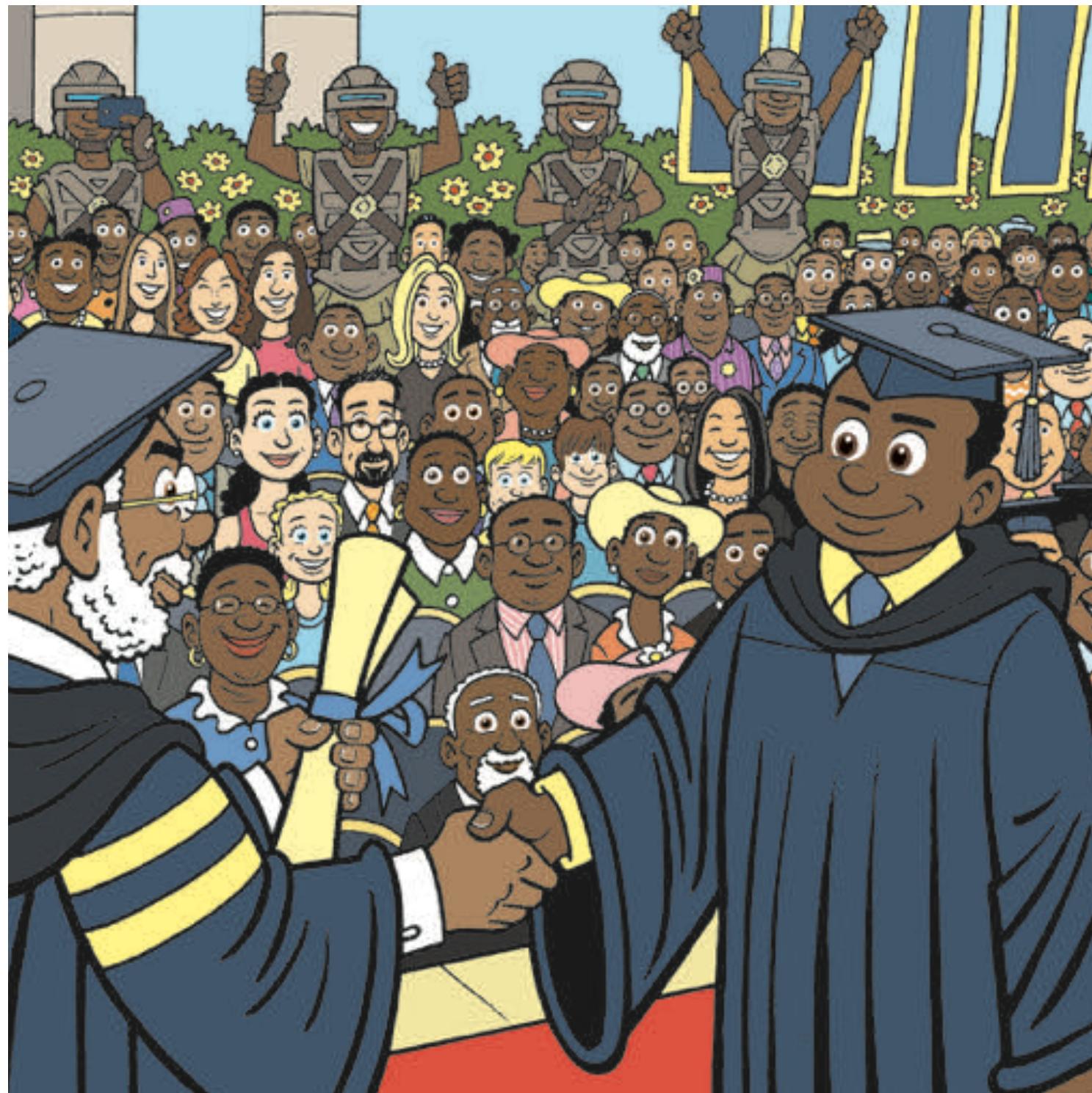
“Ha fela u noa lipilisi tsa hao, masolenyana a hao a tla u sireletsa ka matla ho likokoana-hloko. Masolenyana a hao a tla u thusa hore u fihlele sohle seo u se batlang bophelong ba hao.”



“Ha u le sekolong,
masolenyana a hao a
tla be a ntse a le teng
ho u thusa hore u
ithute hantle ‘me u be
bohlale.”



“Ha u le lebaleng la bolo, masolenyana a hao a tla u thusa ho hlaba ntlha ea tlhōlo.”

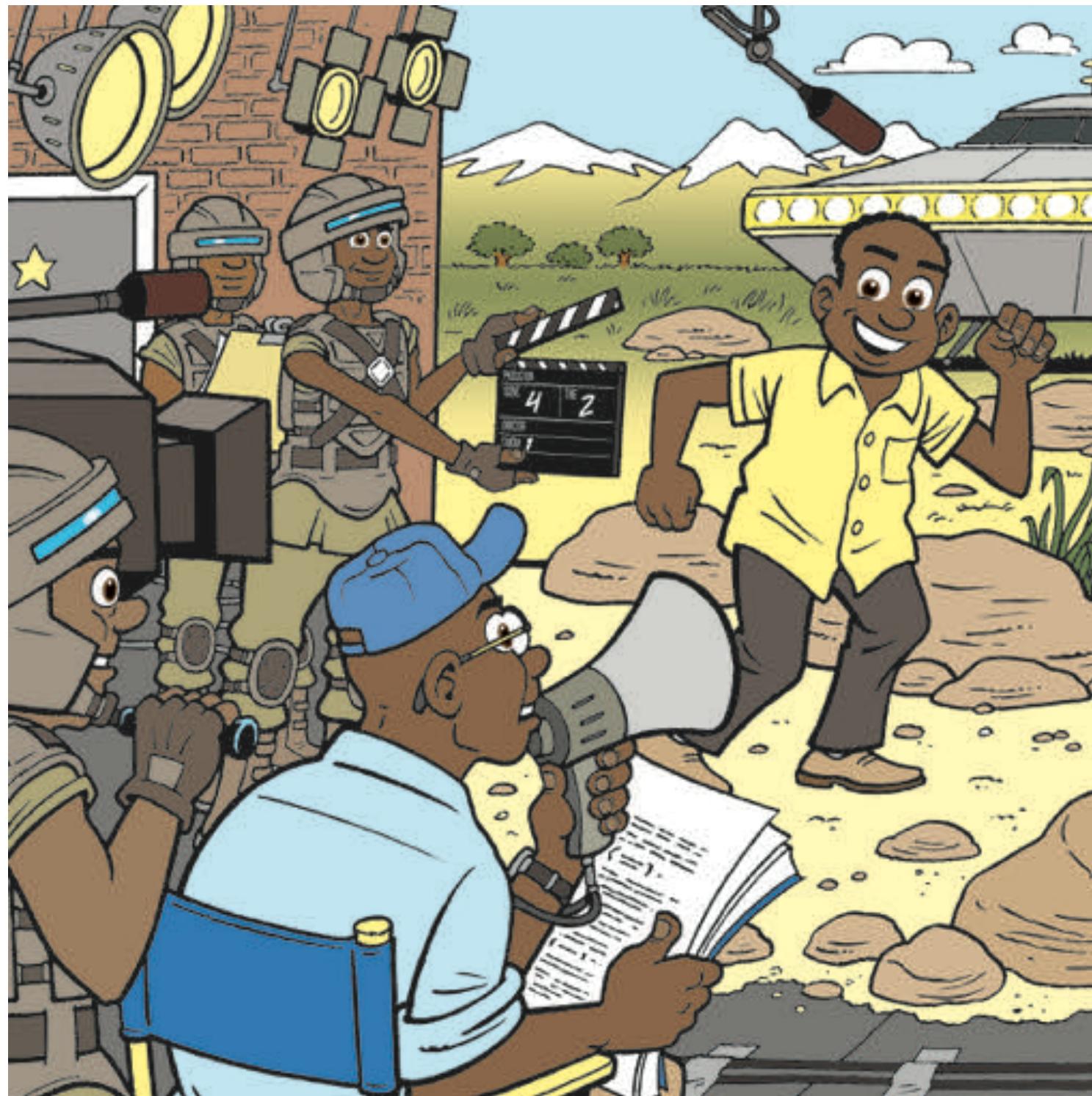


“Ha u qeta sekolo se
seholo, masolenyana
a tla ba teng ho
keteka le uena.”

“Hore na u etsa eng
bophelong ba hao,
masolenyana a hao
a tla u thusa hore u
fihlele litoro tsa hao.”

“Mohlomong ka
letsatsi le leng u
tla ba sebini se
tummeng. Ha
ho ka ba joalo,
masolenyana a hao
a tla ba teng ho u
thoholetsa.”





“Mohlomong ka
letsatsi le leng u tla ba
sebapali sa kalaneng
se tsebahalang.
Ha ho ka ba joalo,
masolenyana a hao
a tla ba teng ho u
khothatsa.”

“Mohlomong ka letsatsi le leng u tla ba setsebihali sa tsa mehaho ea hahang mehaho e phahameng e melelele. Ha ho ka ba joalo, masolenyana a hau a tla ba teng ho u thusa.”





“Mohlomong ka
letsatsi le leng u tla
be u nyetse kapa
u nyetsoe, u na le
bana ba hao. Ha
ho ka ba joalo,
masolenyana a hao
a tla be a ntse a le
teng ho sireletsa
lelapa la hau.”



“Masolenyana a hao ke senotlolo sa bophelo bo monate. Ke ka lebaka leo u lokelang ho noa litlhare tsa hao letsatsti le leng le le leng.”

“Rea utloisia joale
hore na hobaneng
re lokelang ho noa
lipilisi tsa rona,”
ha bua Thabiso
ha a enoa litlhare
tsa hae. “Lipilisi
tsena li thusa
masole a rona.
‘Me ke masole a
rona a etsang hore
re thabe, re phele
hantle.”



“Robalang hantle
bana ba ka,” a
rialo ‘m’eo bona.
“Robalang hantle,
‘me le tsebe hore
masolenyana a
lona a ntse a le
teng mona ho le
sireletsa.”





