



Texas Children's Hospital
Dermatology Service
PCP Referral Guidelines- Tinea Versicolor

Diagnosis: **TINEA VERSICOLOR/PITYRIASIS VERSICOLOR**

TREATMENT RECOMMENDATIONS:

- Ketoconazole shampoo 2% daily for 2 weeks. Use as body/face wash. Leave on for 5 minutes before rinsing off.
 - Over-the-counter alternatives include:
 - OTC Selenium sulfide shampoos (Selsun Blue, Head and Shoulders Clinical Strength)
 - OTC Pyrithione zinc shampoos (Head and Shoulders Classic Clean)

OR

- Topical anti-yeast creams: Miconazole 1% cream (or alternative anti-yeast medication) for 2 weeks.

Anti-yeast medications	Miconazole 1% cream Nystatin 1% cream Ketoconazole 2% cream (currently not covered by Medicaid)
------------------------	---

OR

- For refractory cases in ADOLESCENTS:
 - Fluconazole 300 mg x 1 dose, repeat in 1 week
 - Itraconazole 200 mg/day x 7 days

PREVENTION: Use Ketoconazole 2% shampoo (or other over-the-counter alternative) as body wash once weekly, leaving on for 5 minutes, before rinsing off.

REFERRAL GUIDELINES: Please note, discoloration may persist for weeks to months after successful treatment. Resolution of scale is a proxy for successful treatment. Please refer if patient has no improvement noted after following above mentioned recommendations