



Texas Children's Hospital
Dermatology Service
PCP Referral Guidelines- Nevi (Moles)

Diagnosis: **NEVI (MOLES)**

GENERAL INFORMATION:

- It is normal to develop new moles in childhood.
- It is normal to see some uniform growth of moles with overall growth of a child.
- Moles may also enlarge with growth spurts or around puberty.
- Congenital moles (moles present at birth or during infancy) are typically larger than acquired moles and may thicken over time.
- Moles may develop hairs within them. This is not a worrisome change.
- If lesion has been biopsied or removed, please include a copy of path report with referral.
- We recommend routine use of sunscreen with SPF 30+, with broad spectrum UVA and UVB coverage. Sunscreen should be applied 15 minutes prior to outdoor exposure. Sunscreen should be re-applied immediately after swimming or excessive sweating. With normal activity, sunscreen should be re-applied approximately every 2 hours.

REFERRAL GUIDELINES:

- Appropriate referrals
 - Sudden or worrisome changes (including rapid growth, or change in shape or color)
 - Development of persistent symptoms (e.g., itching, pain, bleeding, etc.)
 - Patient is at high risk for recurrent or new melanoma or dysplastic nevi (positive personal or family history in 1st or 2nd degree relatives, genetic syndromes with skin cancer predisposition, medications such as immunosuppressants/biologics predisposing to skin cancer)
- If excision is desired for cosmetic purposes, especially for large moles in cosmetically sensitive areas such as the face, please refer patient directly to plastic surgery