



Texas Children's Hospital



**Texas Children's Hospital  
Dermatology Service**

**PCP Referral Guidelines- Hidradenitis Suppurativa**

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Diagnosis: **HIDRADENITIS SUPPURATIVA**

**GENERAL INFORMATION:**

- Obese patients should be advised on weight loss, as this has been shown in some cases to dramatically improve the severity of the disease.
- Avoid incision and drainage (I&D)

**TREATMENT RECOMMENDATIONS:**

**MILD:**

- Clindamycin 1% lotion
- Doxycycline 100 mg PO BID for 1-3 months as needed for flares.

**SEVERE:**

- Clindamycin 300 mg twice daily and Rifampin 300 mg twice daily for 10 weeks.

**REFERRAL GUIDELINES:**

- If hidradenitis suppurativa is mild, episodic, and well-controlled with treatment above, no referral is necessary