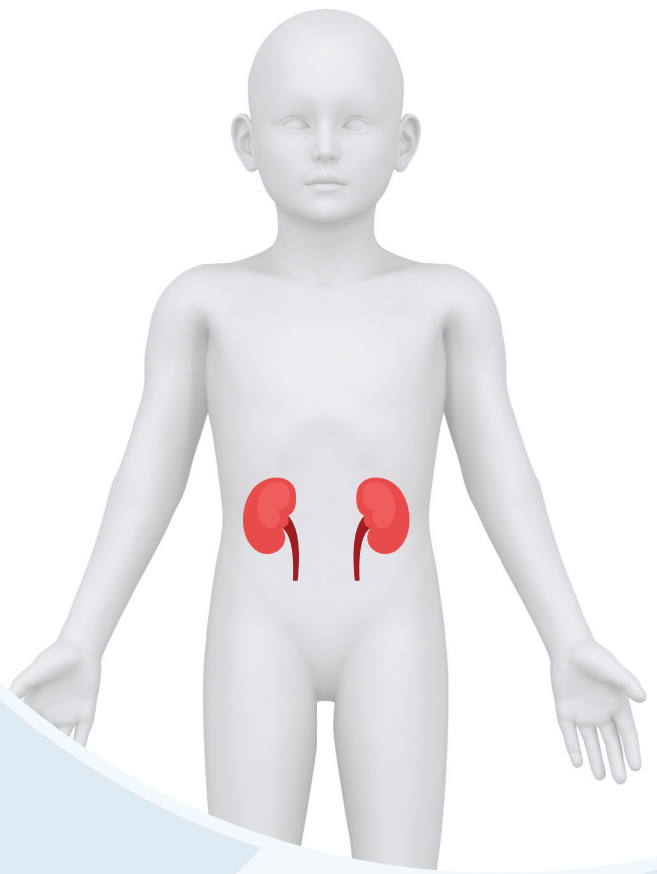




What do your kidneys do?

The kidneys are a pair of organs that help to keep your body working. Most people have two kidneys, located in the back, tucked away behind their stomach. They start out as small as a piece of Laffy Taffy, and grow to be the size of a fist.

Kidneys are like your body's washing machine, getting rid of waste (things your body does not need) by putting it in your pee. To be happy and healthy, your body needs the right amount of fluids, salt, and other nutrients, and the kidneys help to keep things in balance.

What happens if the kidneys do not work?

Without healthy kidneys, the waste builds up in your blood and makes your body sick. You can do dialysis to clean the waste out of your body, just like a healthy kidney would.

