

## Pain Clinic Specialists



**Laura Torres, MD**  
Director, Chronic Pain  
Pain Physician  
Medical Center Campus



**Henry Huang, MD**  
Director, Interventional  
Pain and Neuromodulation  
West Campus



**Jocelyn Gomez, PsyD**  
Pain Psychologist  
West Campus



**Devin McGaughey,  
APRN, FNP-C**  
Medical Center Campus



**Angela Medellin,  
APRN, CPNP**  
Medical Center Campus



**Andrew Jones, PT,  
DPT, TPS, FAAOMPT**  
West Campus



**Shelby Jones,  
APRN, CPNP-PC**  
West Campus



**Chad Kelly, PT,  
DPT, DC, TPS, OCS**  
West Campus



**Matt Wright, PT,  
DPT, OCS**  
Medical Center Campus

Not pictured: **Anna Wernette, APRN, FNP-C**, Medical Center Campus  
**Michelle Vest, PNP**, Medical Center Campus



## Pain Clinic at Texas Children's Hospital

The Department of Anesthesiology, Perioperative and Pain Medicine at Texas Children's Hospital is committed to setting a new standard for the treatment of pain conditions and our teams are pioneering innovative therapies for pediatric chronic pain patients.

Our clinic serves patients across Houston, the state of Texas and nationally by providing the highest-quality comprehensive, interventional services for a multitude of chronic pain conditions, including:

- Abdominal wall pain
- Amplified pain
- Cancer pain
- Complex regional pain syndrome
- Fatigue
- Headache
- Hip pain
- Hypermobile arthralgia
- Inguinal neuralgia
- Intercostal neuralgia
- Knee pain
- Median arcuate ligament syndrome
- Myofascial pain
- Occipital neuralgia
- Pelvic pain
- Radiculopathy
- Sacroiliac joint pain
- Shoulder pain
- Sickle cell chronic pain
- Slipping rib syndrome
- Spondylosis
- Temporomandibular junction pain
- Trigeminal neuralgia
- Vascular malformation pain
- Visceral hyperalgesia

### To refer a patient

Visit [texaschildrens.org](https://www.texaschildrens.org), select **Refer a Patient** and submit an online referral for the desired specialty.

### For referral assistance

Contact the Provider Connect team at **832-TCH-CARE (832-824-2273)** or toll-free at **877-855-4857** Monday – Friday, 8 a.m. – 5 p.m., excluding holidays. After hours, follow the prompts to be connected with an appropriate provider.

For non-urgent questions, please email [providerconnect@texaschildrens.org](mailto:providerconnect@texaschildrens.org).

### Locations

#### Texas Children's Hospital Texas Medical Center Campus

6621 Fannin St.  
Mark Wallace Tower, 16<sup>th</sup> floor  
Houston, Texas 77030

**832-824-7246**      **832-825-9370**  
Clinic Phone      Clinic Fax  
[painclinic@texaschildrens.org](mailto:painclinic@texaschildrens.org)

#### Texas Children's Hospital West Campus

18200 Katy Fwy.  
Suite 405  
Houston, Texas 77094

**832-227-0110**      **832-227-2369**  
Clinic Phone      Clinic Fax  
[westcampuspainclinic@texaschildrens.org](mailto:westcampuspainclinic@texaschildrens.org)



## Interventional Pain Program

Texas Children’s Hospital is committed to setting a new standard for the treatment of pain conditions, and our teams are pioneering innovative therapies for pediatric chronic pain patients. Led by Henry Huang, MD, our program provides state-of-the-art pediatric interventional pain treatment, with a dedicated pain interventional operating room featuring fluoroscopic and ultrasound technology and a comprehensive array of minimally invasive pain procedures, including:

- Acupuncture
- Botox injection
- Celiac plexus block
- Cryoneurolysis
- Epidural steroid injection - intralaminar approach
- Epidural steroid injection - transforaminal approach
- Ganglion impar block
- Greater trochanteric bursa injection
- Intra-articular knee injection
- Intra-articular hip injection
- Intrathecal drug delivery system
- Lumbar sympathetic block
- Medial branch block
- Occipital nerve block
- Peripheral nerve block
- Peripheral nerve stimulation
- Rectus sheath block
- Sacroiliac joint injection
- Shoulder injection
- Spinal cord stimulation
- Splanchnic nerve block
- Sphenopalatine nerve block
- Stellate ganglion block
- Superior hypogastric plexus block
- Supraorbital nerve block
- Supratrochlear nerve block
- Transversus abdominis plane block
- Trigeminal nerve block
- Trigger point injection

## Pain Psychology

Jocelyn Gomez, PsyD leads the effort on providing pain-focused psychological techniques that include:

- Biofeedback training
- Mindfulness training with immersive technology
- Pain coping strategy
- Relaxation training
- Stress management
- School coordination, accommodation and reintegration

## Program Highlights

- Serving Greater Houston with two clinics
- Treating patients with more than 18 chronic pain-focused providers, including pediatric pain physicians, dedicated pain psychologist, dedicated social worker, advanced practice registered nurses, dedicated registered nurses and pain focused physical therapists
- Performing more than 200 new evaluations and more than 100 pain interventions annually
- Conducting bi-weekly pain meetings to ensure multidisciplinary care
- Partnering with world-class specialties, including gastroenterology, neuro-gastroenterology and motility clinic, hematology, neurosurgery, palliative care, sports medicine, rheumatology, neurology, neurosurgery and orthopedic surgery
- Featuring a renowned Multidisciplinary Abdominal Pain (MAP) Clinic with a gastroenterologist, pain psychologist and pain physician
- Serving as one of the few centers with a dedicated pediatric interventional pain physician
- Prioritizing care with dedicated operating room time with fluoroscopic and ultrasound technology
- Supporting patients with a full complement perioperative pain team, including surgical technician, perioperative registered nurse, radiology technician, anesthesiologists and certified registered nurse anesthesiologists
- Integrating care through Texas Children’s Hospital, ranked among the top three children’s hospitals in the nation by U.S. News & World Report and the largest children’s hospital in the United States, with 959 licensed beds