



My child, _____,

has been diagnosed with _____.

It is in my child's best interest to have his/her school prepared for a cardiac event in case of an emergency due to this diagnosis.

Project ADAM and Texas Children's Hospital have teamed up to prepare and certify schools for heart safety due to many cardiac incidents, that can become fatal.

Below are tips for preparing your school, and Texas Children's Hospital has staff and resources to fully prepare this school for cardiac events to ultimately save our children's life in an emergency.



Tips and steps to take in preparing the school:

1. Plan

- Plan on who and how the school will respond for heart events
- Create a response team that ensures full coverage for the size of the school
- Have conversations with students and teachers to learn the signs of cardiac events

2. Train

- CPR for all staff
- AED training

3. Drill

- Practice AED and CPR yearly

4. Supplies

- Have adequate AEDs and placement to ensure someone can get to and back from the AED location within 3 minutes of the scene of an event

Next Steps: Reach out to Texas Children's Hospital using one of the below methods to start preparing your school today!

Project ADAM saves lives, but only with help from parents like YOU. Please share this with your child's principal, school nurse, and any other school staff members. Together, we can make sure your school is a Heart Safe environment for all.

For more information:



Phone
832-826-2885



Email
ProjectADAM@texaschildrens.org



Website
texaschildrens.org/projectadam