



## **News You Need to Know**

We hope you have had a great first half of this school year and are ready to continue to raise awareness on the importance of being a Heart Safe School. The best way to know what to do in a sudden cardiac arrest is to be prepared with a plan and practice that plan. Project ADAM is here to help give you the tools you need in order to train your school staff on what to do if there was a sudden cardiac arrest on your campus. To get started on becoming a Heart Safe School all you have to do is fill out the application on our website, or use the QR code below. For returning schools in order to remain a Heart Safe School and receive your sticker for your banner please log back in to your form and update your information accordingly.

## **Hip Hip Hooray!**

A big Hooray to Franz Elementary who had a Heart Save on their campus in May. With their training, having a plan in place, and being a Heart Safe School, they were able to respond in a quick and swift manner and saved a child's life!

Also a big Hooray goes to the athletic trainers that helped save Damar Hamlin and Bronny James. We have heard more and more of sudden cardiac arrest events happening and are so thankful quick thinking personnel were able to respond and save these young men's lives.

## **Picture Perfect**

We know the first half of the year can be quite busy, but this is the perfect time to check on your AED machines and know who on your staff has been trained and can provide CPR/AED assistants if needed.

Many schools already have many items completed on our checklist and have shared pictures to show best practices on their campus, such as AED signage.





## For more information:



Phone 832-826-2885



Email ProjectADAM@texaschildrens.org





Ready to join? Scan the QR

Save the Date: Tuesday, January 30<sup>th</sup> from 9:00-10:00 a.m. We will be holding an open lab where you can stop in and ask questions or get help with any part of your Heart Safe School Status.