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# The Nursing Perspective on Transition and Transition Research

23<sup>rd</sup> Annual Chronic Illness and Disability Conference: Transition to Pediatric-Based  
Care Conference  
October 27<sup>th</sup>, 2022



# Session Objectives

- The audience will be able to describe the various roles of nurses in the clinical, administrative, research, advocacy, and teaching of health care transition.





# Who is Here?

Go to [www.menti.com](https://www.menti.com)

Enter code: 5585 7601






# Nurse's Role in Transition Work

- Nurse clinician
- Advance practice nurse
- DNP prepared RN
- PhD prepared RN





# What are Nurses Doing?

- 2021 study surveyed nurses via the Pediatric Nursing Certification Board and Society of Pediatric Nurses.
  - Queried nurses about their involvement in education/assessment of self-care activities
    - 1269 completed surveys
    - 438 (34.5%) staff RNs, 576 (45.4%) APRN
    - Nurses most frequently assessed youth's ability to understand/speak about their treatment
    - Nurses least frequently assessed youth ability to identify community advocates and increase independence
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# SPN Position Statement 2017

- Call for nurses to support adolescents/young adults during transition
  - Extended HCT Preparation
    - Early initiation
    - Planning with youth/family/team that includes best practices
    - Formalized process of assessment
    - HCTC coordinator
    - Education/support for self-management, life skills
    - Care coordination
      - School
      - Housing
      - Transportation
      - Recreation
      - Health care coverage





# SPN Position Statement

- Transfer of Care Period
  - Liaison between pediatric and adult practices
  - Preparation/maintenance of health records
  - Direct hand off of care
  - Coordinate necessary referrals
- Post Transfer of Care
  - Ensure adequate documentation
  - Encourage continued engagement with community/school/etc
  - Quality improvement efforts





# Nurse's Role Post Transfer

- Prepare for initial visit
- Education re adult approach to care
- Discuss preferred method of communication
- Collaborated to establish goals of care
- Document transfer completion
- Care coordination







# NAPNAP Position Statement 2020

- Supporting pediatric-focused APRNs to incorporate EBP for effective transition for all adolescents/young adults.
- 6 recommendations
  - Individualized, developmentally sensitive HCT process
  - Ped APRN to provide education to prepare and plan
  - Starting process as young as 12
  - Including planning, transfer, and integration
  - Use of nationally accepted best practices from AAP
  - HCT approaches that are adaptable
  - Ped APRN trained to provide expertise in HCT clinical management





# Role of the DNP RN

- Prepares nurse leaders at the highest level of practice to improve patient outcomes and translate research into practice
- Additional education focused on EBP, QI, and systems leadership
- Fully implement new research findings





# Role of the PhD RN

- Utilize the scientific approach to conduct research on HCT using theoretical frameworks
  - Middle range nursing theories
  - Health Care Transition Model
  - Transitional Care Model
  - Individual and Family Self-Management Theory

