

# MYOCARDIAL STRESS PERFUSION MRI: EXPERIENCE IN PEDIATRIC PATIENTS WITH KAWASAKI DISEASE AND CORONARY ARTERY STENOSES UTILIZING REGADENOSON

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## **BACKGROUND**

- Coronary artery (CA) involvement in Kawasaki disease (KD) evolves over time and can lead to thrombosis, stenosis, and occlusion
- Screening for myocardial perfusion during periodic routine assessment is important
- Vasodilator stress cardiac magnetic resonance (CMR)
   provides excellent tool to risk stratify patients for major
   cardiac events
- Regadenoson is a selective CA hyperemia agent and has not been studied in children with KD
- Aim: to assess the safety, feasibility, and diagnostic utility of regadenoson stress CMR in children with KD and CA disease

#### **METHODS**

- Retrospective cross-sectional study
- All patients with KD who had a regadenoson stress perfusion CMR from August 2014 to December 2018
- Major events: heart block, arrhythmia, myocardial infarction, arrest, and death. Minor events: hypotension, nausea/vomiting, rash, chest pain, discomfort, bronchospasm, hospitalization
- Rest and stress perfusion imaging, high frame rate cine to assess wall motion, and late gadolinium enhancement (LGE) imaging were acquired on a 1.5 T clinical magnet (Phillips Ingenia)
- The initial CMR of each patient was used to assess agreement with X-ray angiography (XRA) or CT or whole heart sequence (CMR) of the CA within 6 months of the stress CMR

STUDY SUBJECTS (n = 32)			
Age at onset (years), median (ranges) < 1 1-5 >5	<b>4 (0.25-17)</b> 12 (38%) 9 (28%) 11 (34%)		
Male, n (%)	20 (62)		
Coronary artery anatomy Right dominant, n (%) Left dominant Co-dominant Unknown	21 (65.6) 1 (3.1) 1 (3.1) 9 (28.1)		
AHA Risk Levels I II III IV V	1 (2%) 3 (7%) 7 (17%) 6 (14%) 24 (58%		

KD shock in 5 (16%) and recurrent KD in 4 (13%)

## **RESULTS**

- 41 stress CMR were performed in 32 patients
  - Median age 11 (2-19) years
  - Median weight 41 (13-93) kg

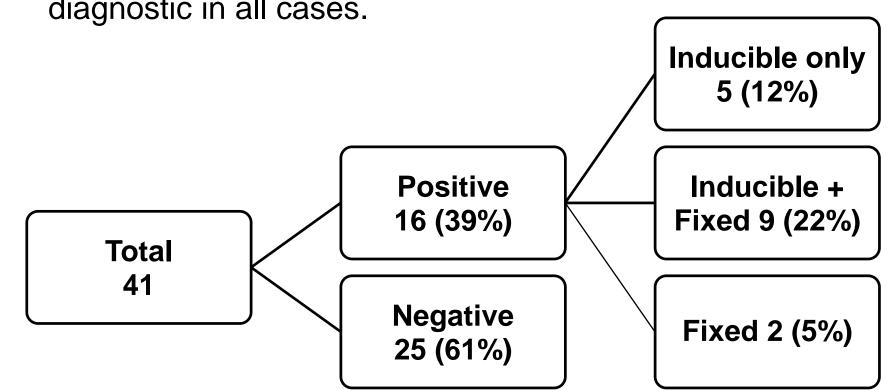
by mean and standard deviation.

HEMODYNAMICS CHANGES					
	At rest	Peak stress	% Change	р	
HR	78 ± 15	126 ± 16	48 ± 13	<0.001	
SBP	104 ± 11	99 ± 15	5 ± 10	<0.001	
DBP	57 ± 13	54 ± 14	4 ± 9	0.01	
HR, heart rate (bpm). SBP, systolic blood pressure (mmHg).					

DBP, diastolic blood pressure (mmHg). Values represented

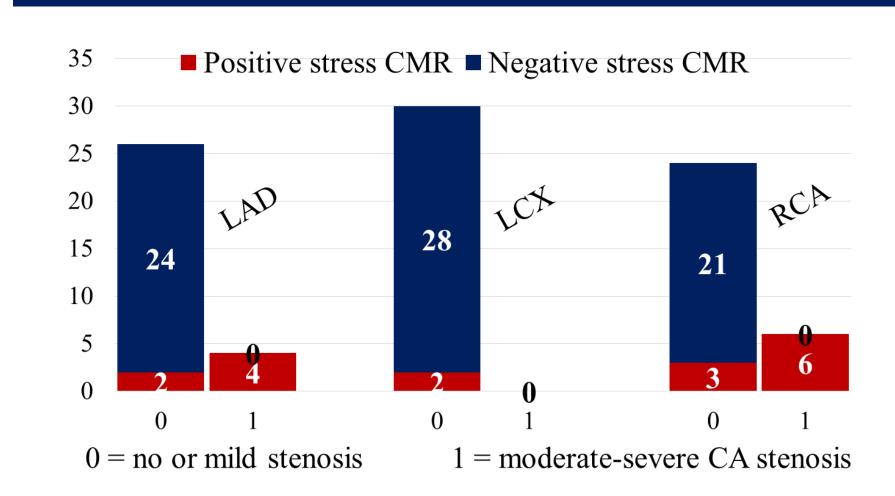
## FIRST PASS PERFUSION (FPP)

All examinations were complete, and images were diagnostic in all cases.



### **ADVERSE EVENTS** Non-sedated (23) Sedated (18) Major event Minor events 5 (28%) 1 (4%) Hypotention Nausea/vomiting Rash Chest pain Discomfort 1 (6%) Bronchospasm Hospitalization 6 (33%) 1 (4%) Total events

## DIAGNOSTIC UTILITY



Distribution of CA stenoses and perfusion defects (n = 30)

## **PERFUSION and CORONARY ANGIOGRAPHY**

Perfusion and XRA/CT/CMR for LCA and RCA (n=26)					
Variable (%)	LCA	RCA			
Positive percent agreement	100	100			
Negative percent agreement	90.9	85.7			
Overall percent agreement	92.3	88.5			

- 4 underwent revascularization
- No patients with negative stress CMR had a cardiac event during the study period.

## LIMITATIONS

- Retrospective, single center study
- Small sample size
- Different imaging modalities to evaluate for CA stenosis

## CONCLUSIONS

- Regadenoson is hemodynamically safe and feasible as a CA hyperemia agent in children with KD and CA disease
- Regadenoson stress CMR showed good agreement with angiography/CT/CMR and helped with decision making for revascularization
- Regadenoson stress CMR may be a viable non-invasive tool in pediatric KD to assess for myocardial ischemia.

### DISCLOSURES

No conflict of interest

