

INTRODUCTION

- Resident participation in global health (GH) training opportunities is high
- Existing curricula offer goals and objectives for GH rotations
- Debriefing optimizes clinical training experiences
- Guidelines recommend post-return GH debriefing
- There is no consensus for this debriefing process

OBJECTIVES

- To develop consensus guidelines for debriefing of residents returning from short-term GH rotations

METHODS

Study Design and Setting

- Consensus group of pediatric GH experts across the United States by modified Delphi

Inclusion Criteria

Minimum 3 years experience in leadership position for GH resident track/program

AND

1. Primary or senior author of at least 1 peer-reviewed manuscript about GH education

OR

2. Platform or workshop presenter for scholarly work at national or international conference

Exclusion Criteria

- Member of study team

Data Collection Method

- 4 serial surveys were completed and responses collated

Outcomes Measures

% Agreement	Outcome
>80%	Achievement of consensus
50-80%	Modification & re-evaluation
<50%	Elimination

Data Analysis

- Free response results were coded for common themes
- Quantitative analysis determined agreement percentages and means

RESULTS

Figure 1. Number of debriefing topics that achieved consensus of total items discussed per round.

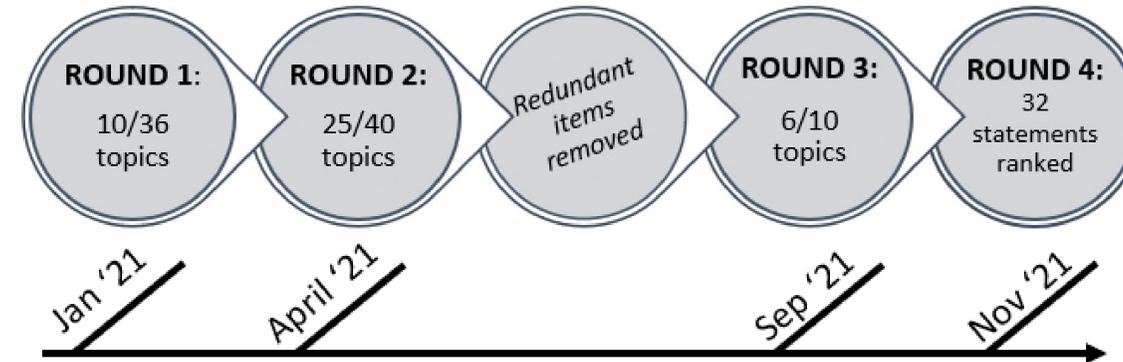


Table 1. Sample of 5 of 32 consensus recommendation statements for post-return debriefing of GH experiences with indication of mean importance by Likert scale (1=not important, 2= somewhat important, 3= very important, 4= essential)

Recommendation Statement	Expert Agreement of Statement Inclusion (%) (#n/total round respondents)	Mean Importance (scale 1-4)
An objective of post-return debriefing should be to assess trainee well-being .	100% (11/11)	3.9
The following discussion topic should be included in the post-return debriefing session: Emotional well-being and coping strategies .	100% (10/10)	3.9
The following discussion topic should be included in the post-return debriefing session: Ethical concerns .	100% (10/10)	3.8
Providing mental health resources and arranging a follow-up debriefing session is warranted if significant emotional or psychological distress is identified during post-return debriefing.	100% (11/11)	4.0
If severe emotional or psychological distress is identified during post-return debriefing, referral of the trainee to mental health services may be warranted.	100% (10/10)	4.0

CONCLUSIONS

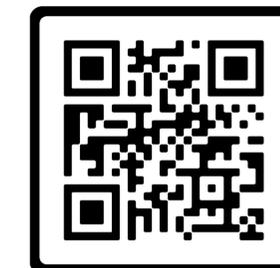
- All residents who participate in GH experiences abroad should participate in a structured debrief upon return
- Elements deemed “essential” in post-return debriefing by GH expert consensus address the following topics:
 1. Trainee well-being and coping
 2. Ethical concerns
 3. Need for mental health support and resources in cases of significant emotional or psychological distress
- Consensus recommendations for post-return debriefing intend to optimize GH training experiences and resident wellness

LIMITATIONS

- Limited to GH educators in the field of pediatrics
- Limited number of expert panelists included
- Surveys may exclude relevant topics
- One panelist was unable to complete all survey rounds

FUTURE DIRECTIONS

- Distribution of recommendation guidelines for GH post-return debriefing (available through QR code below)
- Member checking process with key stakeholders including resident trainees and other educators



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