

Texas Children's Saturday Wellness Program

The purpose of the program is to **promote wellness** of children and their families through facilitated play and integrated learning. Activities and programs include a variety of games, exercise activities, arts and crafts, group discussions and nutrition classes. Exercise specialists, physical/occupational therapists, child life specialists, dietitians and social workers from Texas Children's Hospital lead these activities.

ALL INFORMATION MUST BE COMPLETED & FAXED AT LEAST 2 DAYS BEFORE THE START DATE OF THE DESIRED SESSION IN ORDER TO BE PROCESSED.

Child's name _____ DOB _____

Parent/Guardian Name _____ Primary Language _____

Phone # _____ Other # or E-mail _____

Height _____ cm Weight _____ kg

Address: _____

Condition/Diagnosis: _____

Allergies: _____

Exercise _____

Concerns/Precautions: _____

Developmental Consideration: _____

Equipment Needs: _____

Medication Needs (parent administered): _____

Physicians Name: _____

Address: _____

Phone Number: _____ Fax Number: _____

. I know of no other health barriers to participation in The Wellness Program other than noted above.

(Physician's Signature)

(Date)

ATTN

Phone: 832-822- 3613; Fax: 832-825-3902