

clear liquid menu

juice

apple
grape
cranberry

broth

beef
chicken
vegetable

beverages

iced tea
ginger ale
diet ginger ale

dessert

regular gelatin
sugar free gelatin
regular popsicles
sugar free popsicles
Italian ice

full liquid menu

cereal

grits
cream of wheat

beverages

iced tea
ginger ale
diet ginger ale

milk

whole
2%
skim
rice
soy
lactaid

broth

beef
chicken
vegetable

juice

apple
orange
grape
prune
tomato
cranberry

desserts

ice cream
milkshake
yogurt
pudding

soup

cream of tomato
cream of mushroom
cream of chicken



Please place
meal orders
between 7 a.m.
and 6:30 p.m.



Call **MyDining** at 6-3400
from your room or
832-826-3400 from your
mobile phone to
place order



dysphagia menu

breakfast entrees

scrambled eggs
hard boiled eggs
omelet
buttermilk pancakes
biscuit
blueberry muffin

sides

pork sausage patty
grilled ham
tater tots
biscuit
blueberry muffin
oatmeal
grits
cream of wheat
assorted fresh fruit
berry mix puree
assorted packaged
fruit
applesauce
yogurt
cool peach smoothie

lunch & dinner entrees

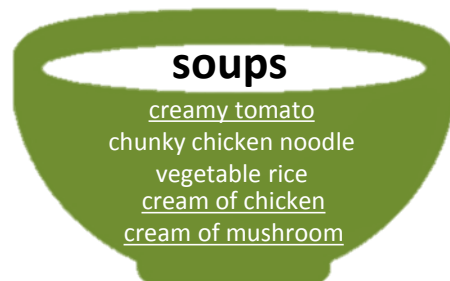
meatloaf w/ tomato gravy
beef patty
grilled chicken breast
turkey mold
ham mold
lightly seasoned fish
cod nuggets
diced mini beef sliders
veggie burger
turkey burger
ground grill chicken sandwich

sides

mashed potatoes
tater tots
brown rice
penne pasta
mac and cheese
sweetcorn
green peas
steamed carrots

seasoned ground beef
seasoned diced chicken meat
macaroni and cheese
ham sandwich
turkey sandwich
roast beef sandwich
tuna salad sandwich
BYO perfect pasta:
pasta: puree pasta, penne,
spaghetti or cheese ravioli
sauce: tomato, meat, alfredo
or butter

steamed green
beans
steamed broccoli
garden salad
assorted fruit
yogurt
berry mix puree
assorted packaged
fruit



soups

creamy tomato
chunky chicken noodle
vegetable rice
cream of chicken
cream of mushroom

underlined items are allowed on all dysphagia levels