



TEXAS CHILDREN'S HOSPITAL
MEDICAL HUMANITIES PRESENTS

MUSIC ASSISTED RELAXATION

TCH Music Therapists

Alix Brickley, Michael Way, Marial Biard, & Abi Carlton

OCTOBER 24, 2018

SESSION SCHEDULE:

REFLECTIVE VISUALIZATION - 3:00 - 3:30
PROGRESSIVE MUSCLE RELAXATION - 3:30 - 4:00
GUIDED IMAGERY - 4:00 - 4:30
SOUND BATH - 4:30 - 5:00

Select a session to join us in a
thirty minute musical
relaxation session with our
TCH music therapists.

Location: Wallace Tower 3rd
Floor Large Conference Room

Questions please email
musictherapy@texaschildrens.org