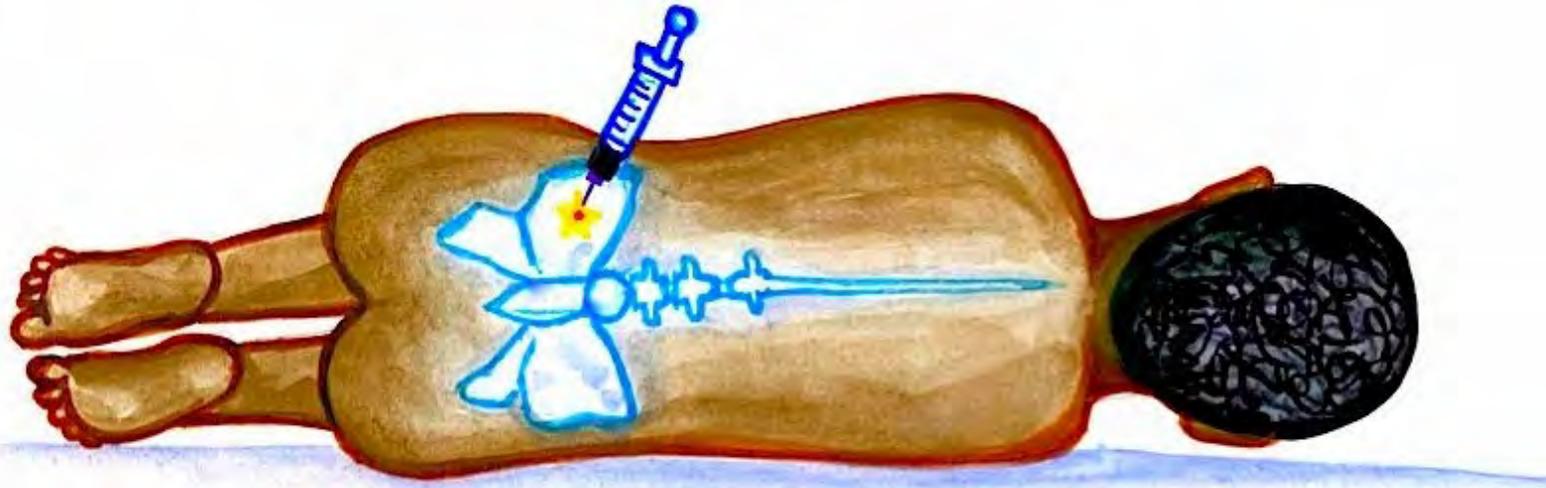


# Inside Your Bone Examination

## Getting a Bone Marrow Aspirate

A **bone marrow aspirate** is when the doctor gets a small amount of bone marrow from your hip bone. The bone marrow is like a factory inside your bones that makes blood. This test will help the doctor know more about this factory and if it needs any help working.



### STEPS

1

Someone will put some white cream on your hip. The cream feels cool and wet like lotion. It has a numbing cream in it, so you don't feel the test as much. A clear Band-Aid (plastic) will go on top of the cream in order to help it stay in the right place.

2

Next, you will go to the treatment room and lay on the bed. Someone will get things ready for the test. You can hear them opening the packages. It sounds like they are playing with lots of paper.

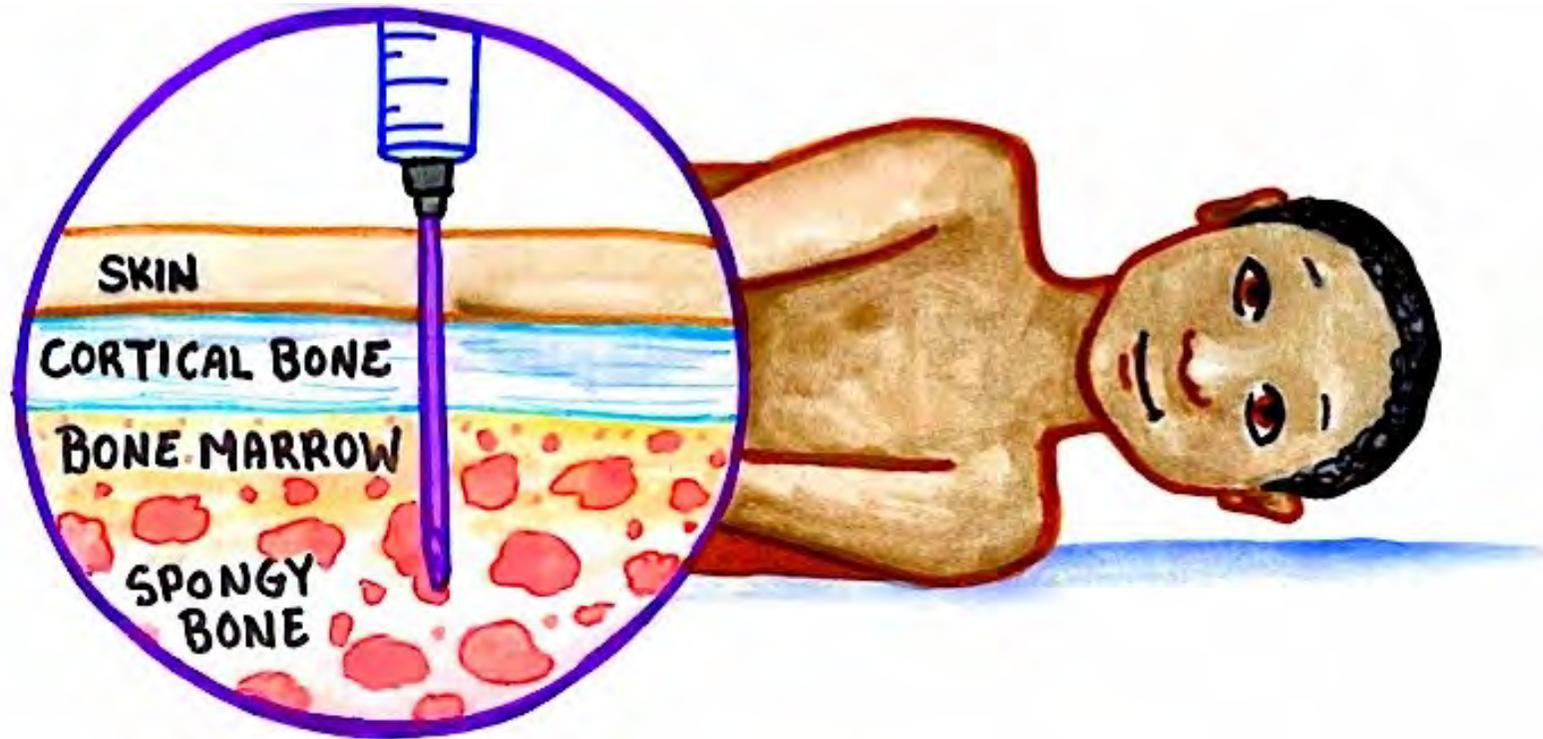
3

Someone from your medical team will put some medicine in your IV cannula. It is important that you do not eat before the test because the medicine would make your stomach upset if it is full of food.

4

While you are sleepy from the medicine, someone will take the clear Band-Aid off your hip and wipe off the cream. Your hip will be cleaned with a brown/orange soap called *Betadine* to get rid of the germs. The soap feels cool and wet.

# More Steps....Getting a Bone Marrow Aspirate



## STEPS

5

Your job is to hold still. Some kids like to listen to music, take deep breaths, hold a parent's hand, or look at a book. What other things might help you relax?

7

Finally, when the test is over they put a large stretchy Band-Aid on your hip. The nurse will let you know when you can eat again. Be proud for trying very hard to lay still!

6

Next, the doctor may give you a little poke of medicine to make your skin not feel as much. Remember to hold still. The person doing the test gets a tiny piece of bone marrow. You may feel some pushing on your hip.

Congratulations! You are done!