WHAT TO DO WITH YOUR DIABETES MEDICATIONS BEFORE A C-SECTION OR INDUCTION

Oral Medications:

- Do NOT take glyburide or metformin on the morning of delivery

Insulin and Other Injectable Medications:

- If you take Lantus or Levemir ONCE a day:
  - If you take your dose once per day in the morning take ½ of your usual dose the morning of delivery
  - If you take your dose once per day in the evening, take ½ of your usual dose the evening before delivery
- If you take NPH, Lantus, or Levemir TWICE a day:
  - Take your usual evening dose as schedule the night before, but only take ½ of your morning dose the morning of delivery/surgery
- If you take rapid acting insulin Humalog, NovoLog, or Apidra:
  - Take the usual dose with your evening meal prior to the procedure
  - Do not take this insulin the morning of delivery
- If you take short acting Regular insulin:
  - Take your usual dose of Regular insulin with your evening meal
  - Do not take this insulin the morning of delivery

If you have an Insulin Pump:

- Do not administer a food bolus after midnight.
- If your c-section or induction is in the morning, set a temp basal rate reduction of 50% at midnight. If your c-section or induction is in the afternoon, set a temporary basal rate reduction of 50% starting at 6 a.m., the morning of the C-section/induction
- Check your blood glucose the morning of your surgery/induction. If it is greater than 150 mg/dL, take ½ of your usual correction dose with a goal of 100 mg/dL.
- When you check in for your delivery/surgery, let the providers know your current pump administration rate and most recent correction dose.
- Be sure to bring extra infusion sets, reserviors, and/or pods to your delivery/surgery.
- Do not resume your insulin pump post delivery until your healthcare provider or diabetes educator has reviewed new insulin pump settings with you.

Please call your diabetes educator or healthcare provider if you have any questions or concerns.