GLUCAGON

Glucagon is a hormone released by the pancreas that tells the liver to release stored glucose to raise blood glucose levels. A glucagon kit should be used when a person with diabetes who uses insulin is either unconscious or unable to respond to usual treatments of hypoglycemia.

If you are a person with diabetes on insulin, be sure your family, friends, co-workers, teachers, and/or school nurses know how to use a glucagon kit in case of an emergency. People with diabetes who experience frequent hypoglycemia, or hypoglycemia unawareness, should always keep at least one glucagon kit at home, school, and work if applicable. Store at room temperature (68-77° F). Please see instructions below or refer to the instructions provided in your kit on how to use glucagon.

How to Use Glucagon:

1. Open vial top and use syringe to fill vial with liquid.
2. Swirl vial until dissolved and clear like water.
3. Draw cloudy white liquid (glucagon) back into syringe. Use 1 mg (1 unit) for adults. For children less than 44 lbs. use ½ adult dose (0.5 mg), or the dose prescribed by your health care provider.
4. Inject glucagon into the person’s buttocks, arm, or leg using alcohol swab to clean the site area. Discard any remaining contents.
5. Glucagon treatment may cause a person to vomit as a side effect. Turn the person on his or her side to prevent possible choking.
6. Call 911 or contact your medical physician and continue to monitor.

EMERGENCY CONTACTS

Texas Children’s Pediatric Endocrinology: 832-822-3670 option “0”
Texas Children’s Pavilion for Women: 832-826-7500