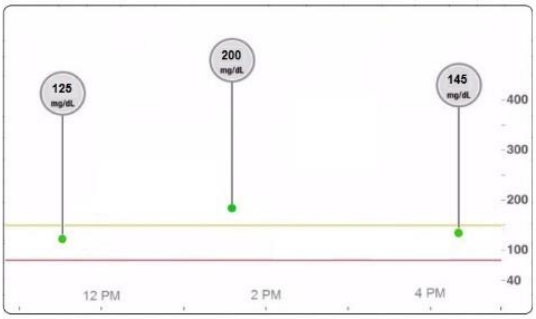
WHAT CAN YOU DO WITH A CONTINUOUS GLUCOSE MONITOR (CGM)?

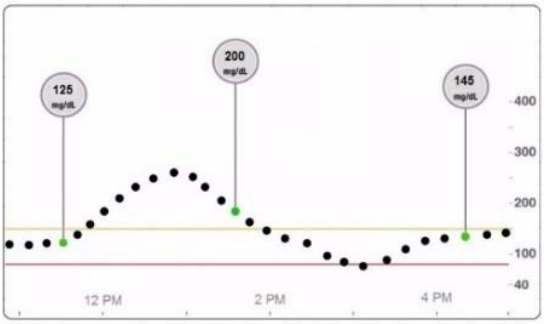
1. Get a full picture of your daily glucose levels

With Glucose Meter



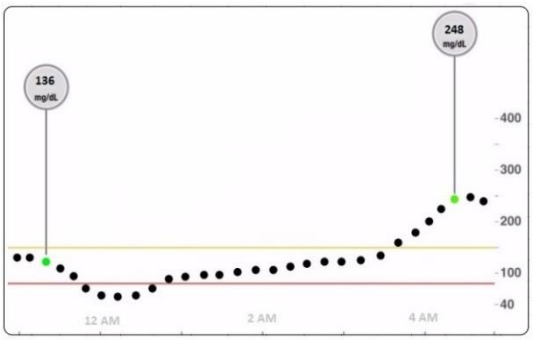
While your glucose meter provides a "snapshot" of your blood glucose levels, CGM gives you a reading every 5 minutes.

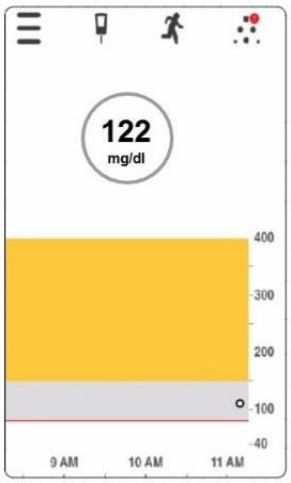
With CGM



2. Track overnight glucose levels

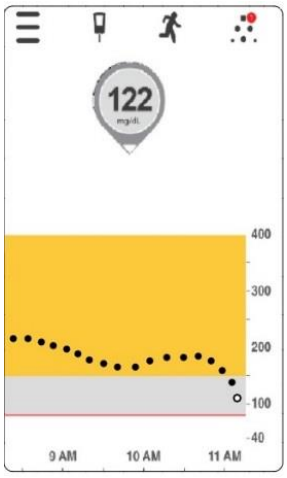
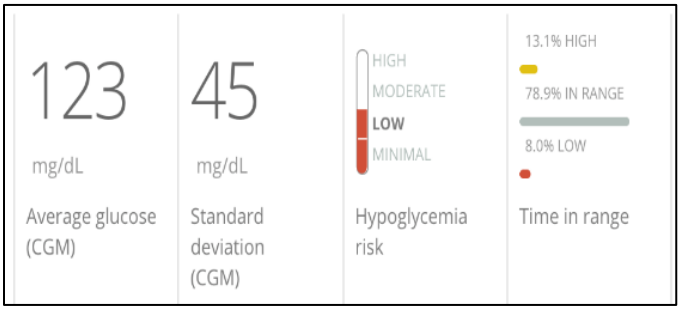
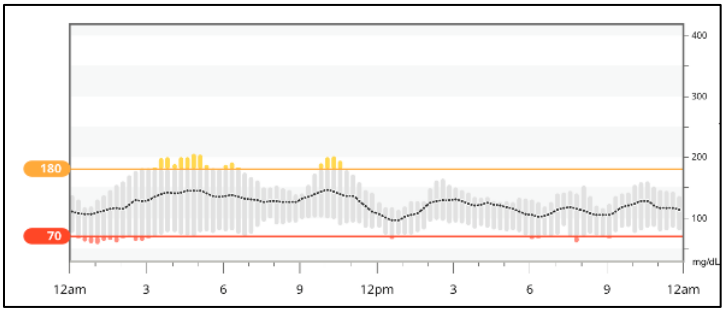
CGM allows you to see overnight glucose trends that you may miss with your glucose meter.





3. See trends in glucose levels to predict hypoglycemia

With CGM, you see more than just your glucose reading. Trend arrows allow you to predict where your glucose is headed and treat lows before they occur.



4. Provide more data that you and your diabetes team can use to improve your diabetes treatment plan