WHAT CAN YOU DO WITH A CONTINUOUS GLUCOSE MONITOR (CGM)?

1. Get a full picture of your daily glucose levels

   **With Glucose Meter**
   ![Glucose Meter Image]

   **With CGM**
   ![CGM Image]

   While your glucose meter provides a “snapshot” of your blood glucose levels, CGM gives you a reading every 5 minutes.

2. Track overnight glucose levels

   **CGM allows you to see overnight glucose trends that you may miss with your glucose meter.**

3. See trends in glucose levels to predict hypoglycemia

   **With CGM, you see more than just your glucose reading. Trend arrows allow you to predict where your glucose is headed and treat lows before they occur.**
4. Provide more data that you and your diabetes team can use to improve your diabetes treatment plan

<table>
<thead>
<tr>
<th>123 mg/dL</th>
<th>45 mg/dL</th>
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</thead>
<tbody>
<tr>
<td>Average glucose (CGM)</td>
<td>Standard deviation (CGM)</td>
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</table>

Hypoglycemia risk:
- 13.1% HIGH
- 78.9% IN RANGE
- 8.0% LOW

Time in range:
- 12am
- 3am
- 6am
- 9am
- 12pm
- 3pm
- 6pm
- 9pm
- 12am