

BLOOD GLUCOSE LOG

E-mail logs every Monday to pwnutrition@texaschildrens.org Subject: Woodlands

Name: _____ Due Date: _____

MR Number/DOB: _____ Diagnosis: _____ GDM DM2 DM1

Medication: _____

Blood Glucose Results

Day of Week	Date	Fasting (≤95 mg/dL)	2 Hours After 1 st Meal (≤120 mg/dL)	2 Hours After 2 nd Meal (≤120 mg/dL)	2 Hours After 3 rd Meal (≤120 mg/dL)	Comments

Blood Glucose Results

Day of Week	Date	Fasting (≤95 mg/dL)	2 Hours After 1 st Meal (≤120 mg/dL)	2 Hours After 2 nd Meal (≤120 mg/dL)	2 Hours After 3 rd Meal (≤120 mg/dL)	Comments