Texas Children's Maternal Fetal Medicine

The Woodlands

Name:

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E-mail logs every Monday to pwnutrition@texaschildrens.org Subject: Woodlands



BLOOD GLUCOSE LOG

Due Date:

MR Number/DOB: Diagnosis: GDM DM2 DM1 Medication:										
Blood Gluc	ose Resi	ults								
Day of Week	Date	Fasting (≤95 mg/dL)	2 Hours After 1 st Meal (≤120 mg/dL)	2 Hours After 2 nd Meal (≤120 mg/dL)	2 Hours After 3 rd Meal (≤120 mg/dL)	Comments				

Blood Glucose Results

Day of Week	Date	Fasting (≤95 mg/dL)	2 Hours After 1 st Meal (≤120 mg/dL)	2 Hours After 2 nd Meal (≤120 mg/dL)	2 Hours After 3 rd Meal (≤120 mg/dL)	Comments