Diagnosis: HIDRADENITIS SUPPURATIVA

GENERAL INFORMATION:
- Obese patients should be advised on weight loss, as this has been shown in some cases to dramatically improve the severity of the disease.
- Avoid incision and drainage (I&D)

TREATMENT RECOMMENDATIONS:
MILD:
- Clindamycin 1% lotion
- Doxycycline 100 mg PO BID for 1-3 months as needed for flares.

SEVERE:
- Clindamycin 300 mg twice daily and Rifampin 300 mg twice daily for 10 weeks.

REFERRAL GUIDELINES:
- If hidradenitis suppurativa is mild, episodic, and well-controlled with treatment above, no referral is necessary.