24/7 CRISIS HOTLINE

The Harris Center: 713-970-7000

WEB SITES:

Bo's Place: bosplace.org
A bereavement center offering grief support services to children, ages 3 to 18, and their families who have experienced the death of a child or an adult in their immediate family, as well as programs for grieving adults. Bo's Place is founded on the belief that grieving children sharing their experiences with each other greatly helps in their grief journey. Bo's Place is located in Houston, TX and has employees that speak Spanish.

MISS Foundation: missfoundation.org
A volunteer-based organization committed to providing crisis support and long-term aid to families after the death of a child from any cause. MISS also participates in legislative and advocacy issues, community engagement and volunteerism and culturally competent, multidisciplinary, education opportunities. The MISS Foundation website includes information on local support groups.

Bereaved Parents of the USA: bpusastl.org
A nationwide self-help organization designed to aid and support bereaved parents and their families as they struggle through their grief after the death of a child.

Centering Corporation: centering.org
Dedicated to providing education on grief and loss for professionals and the families they serve.

The Compassionate Friends: thecompassionatefriends.com
Compassionate Friends is about transforming the pain of grief into the elixir of hope. It takes people out of the isolation society imposes on the bereaved and lets them express their grief naturally. With the shedding of tears, healing comes. And the newly bereaved get to see people who have survived and are learning to live and love again. The Compassionate Friends network has chapters in the Houston and surrounding areas.

The Light Beyond: thelightbeyond.com
A forum, short movie, blog, e-cards and library to support those in grief.

UNITE: unitegriefsupport.org
Offers a number of services to grieving parents and caregivers including the following: grief support groups, literature, educational programs, training workshops, group development assistance and referral assistance.

INFANT SPECIFIC:

March of Dimes: marchofdimes.com
The mission of the March of Dimes is to improve the health of babies by preventing birth defects, premature birth and infant mortality. The organization carries out its mission through research, community services, education and advocacy to save babies' lives. March of Dimes researchers, volunteers, educators, outreach workers and advocates work together to give all babies a fighting chance against the threats to their health: prematurity, birth defects, low birth weight.

H.A.N.D. (Houston's Aid in Neonatal Death): hand.net
Greater Houston area-based pregnancy and infant loss support group for parents whose babies have died any time from conception through late infancy. The group's mission is to help parents cope with the feelings of grief and isolation that accompany the loss of a baby.

M.E.N.D. (Mommies Enduring Neonatal Death): mendhouston.com
Christian, non-profit organization that reaches out to families who have suffered the loss of a baby through miscarriage, stillbirth, or early infant death. M.E.N.D. offers several support and play groups in the Houston area.

The Women's Place: women.texaschildrens.org
(Click on Our Services and Behavioral Health and Education). Providing specialized, expert care for loss and grief (including stillbirths, miscarriage or the death of a child during the first year) in a warm, supportive environment.

A Place to Remember: aplacetoremember.com
Uplifting support materials and resources for those who have been touched by a crisis in pregnancy or the death of a baby.

Hygeia Foundation: hygeiafoundation.org
An international community of compassion, empathy and support for families who have endured the tragedy of miscarriage, stillbirth and neonatal/infant loss.

SHARE: nationalshare.org
Serving those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth or in the first few months of life. The primary purpose is to provide support toward positive resolution of grief experienced at the time of, or following the death of a baby. This support encompasses emotional, physical, spiritual and social healing, as well as sustaining the family unit.

Faces of Loss, Faces of Hope: facesofloss.com
A place for those grieving the loss of a loved one to share stories and contact with others who may be looking for reassurance that they are not alone (in miscarriage, stillbirth and infant loss).

Online Memorials:

Memory Of: memory-of.com
Remembered Forever: remembered-forever.org
Forever Missed: forevermissed.com
Last Memories: last-memories.com

Books:

Preschool Aged Children:
- *I Miss You: A First Look at Death* by Pat Thomas
- *Gentle Willow: A Story for Children about Dying* by Joyce Mills
- *Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss* by Michaelene Mundy

School Aged Children:
- *What Happens When Someone Dies?: A Child's Guide to Death and Funerals* by Michaelene Mundy
- *Tell Me, Papa: Answers to questions children ask about death and dying* by Joy and Marvin Johnson
- *When Dinosaurs Die: A Guide to Understanding Death* by Laurie Krasny Brown
- *Love Never Stops: A Memory Book for Children* by Emilio Parga
- *When Someone Very Special Dies* by Marge Heegaard

Preteens and Teens:
- *Straight Talk about Death for Teenagers: How to Cope with Losing Someone You Love* by Earl A. Grollman
- *I Will Remember You: What to Do When Someone You Love Dies- A Guidebook Through Grief for Teens* by Laura Dower
- *Weird is Normal When Teenagers Grieve* by Jenny Lee Wheeler
- *I Will Never Forget You: A Teen Journal of Love and Remembrance* by Emilio Parga

Adults Helping Grieving Children:
- *What Will I Tell the Children?* By Jacque Bell & Linda Esterling
- *35 Ways to Help a Grieving Child* by Dougy Center Staff
- *The Grieving Child* by Helen Fitzgerald
- *The Grieving Teen* by Helen Fitzgerald
- *What Does That Mean?* by Harold Ivan & Joy Johnson
- *Children Die, Too* by Joy Johnson
- *Healing and Growing Through Grief* by Donna O'Toole
- *Tear Soup: A Recipe for Healing and Loss* by Pat Schwiebert
- *A Parent's Guide to Raising Grieving Children: Rebuilding Your Family After the Death of a Loved One* by Phyllis Silverman & Madelyn Kelly

Parent Grief:
- *Mom: A Mother's Journey from Loss to Hope* by Cynthia Baseman
- *When God Doesn't Make Sense* by Dr. James C. Dobson
- *Recovering from the Loss of a Child* by Katherine Fair Donnelly

- *A Broken Heart Still Beats: After Your Child Dies* by Anne McCracken
- *How to Survive the Loss of a Child: Filling the Emptiness and Rebuilding Your Life* by Catherine Sanders
- *Grieving Dads* by Kelly D. Farley
- *Traveling through Grief* by Susan J. Zonnebelt-Smeenge
- *Making Loss Matter* by Rabbi David J. Wolpe
- *Understanding Your Grief* by Alan D. Wolfelt
- *What to Do When a Loved One Dies* by Eva Shaw
- *A New Normal* by Darlene Cross
- *No Time to Say Goodbye* by Carla Fine
- *Holding Onto Love* by Chuck Collins
- *How To Go On Living When Someone You Love Dies* by Therese A. Rando
- *I Wasn't Ready to Say Goodbye* by Brook Noel & Pamela D. Blair
- *Healing Your Grieving Heart* by Alan D. Wolfelt

Infant Specific:

- *Parenthood Lost: Healing the Pain after Miscarriage, Stillbirth, and Infant Loss* by Michael R. Berman, M.D.
- *When the Bough Breaks: Forever after the Death of a Son or Daughter* by Judith Bernstein
- *Empty Cradle, Broken Heart: Surviving the Death of Your Baby* by Deborah Davis
- *Our Baby, Our Love, Our Loss* by Kathi Evans
- *A Guide for Fathers: When a Baby Dies* by Tim Nelson
- *Strong and Tender: A Guide for the Father Whose Baby Has Died* by Pat Schwiebert
- *Given in Love but Not Mine to Keep: Finding Strength in the Loss of a Newborn Child* by Jan Wolfe Rosales
- *Coming to Term: A Father's Story of Birth, Loss, and Survival* by William Woodwell Jr.
- *Lost Lullaby* by Deborah Golden Alecson and Kathleen Nolan
- *Couple Communication after a Baby Dies: Differing Perspectives* by Sherokee Ilse and Tim Nelson
- *Loving and Letting Go: For Parents Who Decided to Turn Away from Aggressive Medical Intervention for Their Critically Ill Newborns* by Deborah L. Davis

Grandparent Grief:

- *Forgotten Tears: A Grandmother's Journey through Grief* by Nina Bennett
- *When a Grandchild Dies: What to Do, What to Say, How to Cope* by Nadine Galinsky

Español Para Niños:

- *El Árbol de Sueños/The Dream Tree* by Fernando Alonso
- *La Fiesta Del Dia de Los Muertos/The Day of the Dead "Fiesta"* by Jorge Ancona Diaz
- *Yo Siempre Te Querré/I'll Always Love You* by Hans Wilhelm
- *La Burbuja del Duelo* by Kerry DeBay
- *Cuando Alguien Muy Especial Muere* by Marge Heegaard
- *Los Ninos Tambien Mueren* by Joy Johnson
- *Desde Que Murio Mi Hermano/Since My Brother Died* by Marisol Munoz-Kiehne
- *Sanar y Crecer a través del duelo/Healing and Growing Through Grief* by Donna O'Toole
- *Los Recuerdos Vivne Eternamente* by Sharon Rugg
- *Sopa de Lágrimas* by Pat Schweibert &Chuck DeKlyen

Español Para Padres:

- *Cuando Hola Significa Adios* by Pat and Kirk P. Schwiebert
- *¿Has Visto a Maria?* by Sandra Cisneros
- *La Telerana de Carlota* by E.B. White
- *Los Ninos Tambien Mueren* by Joy Johnson
- *Memorias de una Viuda* by Joyce Carol Oates
- *Superando Perdidas Emocionales* by Russell Friedman
- *Tiempo de Duelo* by Carol Staudacher