

## **Practical tasks after the loss of a child or young teenager (1 to 15 years old)**

### *Tasks to start soon after death*

- Talk with medical team about decisions such as autopsy and organ/tissue donation
- Choose or contact a funeral home and begin funeral arrangements – Contact your social worker/social work department for funeral home information
- Notify close family and friends. You can ask someone to contact others for you
- Notify your place of worship or religious leader, if desired
- Prepare an obituary, if desired
- Order multiple copies of the death certificate

### *Tasks to start after the funeral and/or a month after death*

- Transfer and close all bank accounts, saving accounts, and bonds in your child's name
- Notify any government programs from which your child received benefits, such as Social Security Administration (SSI, SSDI), Medicaid, Medicare, Food Stamps, WIC
- Notify medical insurance company to cancel coverage
- Notify physicians, therapists, and other health care professionals
- Cancel any prescriptions and home health services
- Contact your childcare facility, school, and/or afterschool programs to un-enroll your child
- Notify or cancel other activities such as library membership, playgroups, organized sports, art/music/dance lessons, scouting, and other activities
- Cancel cell phone numbers, social media accounts, websites and e-mail accounts to protect your child's identity
- Review your social media settings to determine if you would like to cancel notifications or apps related to parenting or your child's interests