

Practical tasks after the loss of a baby before or after birth

Tasks to start soon after death

- Talk with medical team about decisions such as autopsy and organ/tissue donation
- Choose and contact a funeral home and begin making arrangements – Contact your social worker/social work department for funeral home information
- Notify your close family and friends. You can ask someone to contact them for you
- Notify your place of worship or religious leader, if desired
- Prepare an obituary, if desired
- Order multiple copies of the death certificate

Tasks to start after the funeral and/or month after death

- Transfer and close all bank accounts, saving accounts, and/or bonds in your baby's name
- Notify any government programs from which your baby received benefits, such as Social Security Administration (SSI, SSDI), Medicaid, Medicare, Food Stamps, WIC
- Notify medical insurance company to cancel your baby's insurance
- Notify physicians, therapists, and other health care professionals
- Cancel your baby's prescriptions and home health services
- Contact your nursery or childcare to un-enroll your baby
- Review your social media settings to determine if you would like to cancel notifications or apps related to parenting, fertility, pregnancy, etc.