

Resources and Support for Families of Patients with Disabilities and Special Healthcare Needs

Baylor Transition Medicine Clinic

The Transition Medicine Clinic at Baylor College of Medicine in Houston, Texas, provides medical care and social support services to young adults with chronic illnesses or disabilities as they transition from pediatric to adult care. Their specially trained physicians and licensed clinical social workers help these young patients and their family access adult medical care, navigate the healthcare system, and identify and maintain social services essential to their well-being.

www.bcm.edu/healthcare/care-centers/transition-medicine

Texas Children's Medical - Legal Partnership

Texas Children's Medical – Legal Partnership (MLP) promotes the health of vulnerable, low-income populations by addressing legal needs that affect patient-health. The MLP brings together lawyers, doctors, and social workers when a legal solution is required. A staff attorney and volunteer attorneys provide free legal advice to patient families on legal matters such as: housing, guardianship, securing public school accommodations for children with disabilities, and social security.

*No cost, services are provided directly or in coordination with other *pro bono* lawyers.

Who Qualifies? Any family referred by a TCH social worker will receive free legal consultation regardless of income.

How to Access: Ask your social worker to send a referral from the following TCH locations: Main Campus, West Campus, Woodlands, Community Care Practices, and Texas Children's Pediatrics.

Navigate Life Texas

This website is especially for families and parents of children with disabilities or special health-care needs and is designed to offer support, inspiration, resources, and links to services available.

www.navigatelifetexas.org

Texas Parent to Parent

Texas Parent to Parent (TxP2P) is committed to improving the lives of Texas children who have disabilities, chronic illness, and/or special health care needs. TxP2P empowers families to be strong advocates through parent-to-parent support, resource referral, and education.

Contact information: 866-896-6001 or 512-458-8600, www.txp2p.org

Programs for People with Disabilities

Vocational Rehabilitation Services

Vocational Rehabilitation programs help people with disabilities prepare for, find, and retain employment and help youth and students prepare for post-secondary opportunities.

Contact information: Texas Workforce Commission, 1-800-628-5115 or customers@twc.state.tx.us .

The Center

The Center's Day Programs offer adults with intellectual and developmental disabilities the opportunity to develop social skills in a classroom-centered environment structured around their varying needs. Their programs encourage participants to engage with their community through a variety of experiences, including group activities, field trips, special classes, seasonal celebrations, exercise, crafts, music, and more.

Pre-vocational training, work center training, and competitive employment are key components of the Adult Training and Employment Services (ATES) program. Clients learn new skills, participate in meaningful work and increase earning potential.

Individuals with multiple disabilities who require ongoing support are served in an integrated and structured environment. Sensory awareness, leisure, recreational, and one-on-one personal care activities are provided. Health care professionals monitor medical needs.

Contact information: The Center Houston, 713-525-8400 or thecenter@thecenterhouston.org .

The H.E.A.R.T Program

The H.E.A.R.T. Program (Housing, Entrepreneurship And Readiness Training) was founded to create new opportunities for adults with developmental disabilities to achieve their potential.

H.E.A.R.T's philosophy is that everyone deserves the opportunity to excel and experience the sense of pride and accomplishment that is achieved through education and employment.

Trainees at H.E.A.R.T. operate and maintain over 70 vending machines throughout the Houston area. They participate in the entirety of the vending operations – from product inventory and restocking to cash handling and counting.

Contact information: The H.E.A.R.T. Program, 713-692-4278 or contact@heartprogram.org .