

Community Resources

Important Heart Center Contact numbers:

- **On-call Cardiologist:** 832-824-1000, ask the operator to page the on-call cardiologist.
- **Heart Center Schedulers:** 832-82HEART (4-3278)
- **Heart Center Front Desk:** 832-826-5600
- **International Patient Services:** 832-824-6343
- **Medical Records:** 832-824-1600
- **Transition Care Team:** 832-824-7012

MyChart: <https://mychart.texaschildrens.org/MyChart/>

Texas Children's now offers MyChart, your FREE, secure online connection to our system. MyChart makes it easy for you to:

- Request, confirm and cancel appointments online
- Review your appointment history, chronic illnesses, medical and surgical history, allergies, medications and after-visit summaries
- Email non-urgent medical questions and get a response within two business days
- Request prescription renewals online
- View many test results online and print them
- Conveniently complete medical questionnaires prior to appointments
- View and print immunization records

Transportation

- **Medicaid Transportation:** 1-877-633-8747
- **Metrolift:** 713-225-0119
- **Rides:** 713-368-7433

Social Support Groups

- **Facebook pages of interest:** Heart 2 Heart (CHD Awareness), The Children's Heart Foundation-Texas Chapter, Teens with Congenital Heart Defect Awareness, and Heart News, Growing Up Zipper: Teens & young Adults with CHD, Heart Heroes, and Join the Fight CHD.
- **Mended Hearts, Inc.** is an extended support group for heart patients and caregivers. Visit their website at <http://www.mendedhearts38.org/> or contact at 832-355-4160.
- **Heart & Vascular Caregiver Support Group:** for caregivers of patients with cardiac disease. Every Wednesday, 1:30-2:30 p.m., 5th Floor Waiting Area Heart & Vascular Institute, Memorial Hermann-Texas Medical Center.

Mental Health

- **Family Services of Greater Houston:** accepts Medicaid and private insurance for counseling services, 713-868-4466
- **Inner Wisdom, Inc.:** accepts Medicaid and private insurance, 713-592-9292
- **Psychiatrists** who accept Medicaid and private insurance: Christopher Boehme, MD/Mehboob Nazarani, MD, 713-808-9781
- **Depelchin Counseling:** accepts Medicaid and private insurance, Appointments: (713) 730-2335
- **Depression and Bipolar Support Alliance Hotline:** 713-970-7000
- **National Suicide Prevention Hotline:** 1-800-273-TALK (8255)

Crisis Intervention of Houston: www.crisishotline.org

713-HOT-LINE (713-468-5463)

713-529-TEEN (713-529-8336)

713-526-8088 (for Español)

Crisis Text Line is free, 24/7 support for those in crisis. **Text "HOME" to 741741** from anywhere in the US to text with a trained Crisis Counselor.

Financial and Legal Assistance

Financial Assistance

- We encourage you to make an appt. with the Texas Children's financial advisors at some point **before** your child's 18th birthday. They are located on the 3rd floor of the West Tower on Main Campus. Please call 832-824-5505 and select option to speak with a financial counselor.
- **TCH Financial Counselors:** 832-824-5505
- **CHIP:** 1-877-543-7669
- **Medicaid:** 1-888-863-3638
- To check **Medicaid eligibility status**, contact 1-800-925-9126

Disability Determination

- **Social Security Administration:** 1-800-772-1213
- **Cardon Outreach Disability Advocates:** Assistance with Medicaid/Medicare and disability claims, 1-866-534-6699

Private Insurance

- To keep your private insurance past age 26, contact your Human Resources department and fill out the Disabled Dependent form.

Uninsured?

- Resources and applications for uninsured patients are available at Harris Health Systems <https://www.harrishealth.org/en/patients/access-care/eligibility-card/pages/eligibility-application.aspx>
- Contact Texas Dept. of Insurance 1-855-839-2427

Legal Services

- **Texas Children's Medical-Legal Partnership:** Any family referred by a TCH social worker will receive free legal consultation regardless of income. Direct legal representation can be provided for low income families. *Ask your social worker to send a referral from the following TCH locations: Main Campus, West Campus, Woodlands, Community Care Clinics, or Texas Children's Pediatrics.*
- **District Attorney's Office:** 713-755-5888
- **Houston Volunteer Lawyer Program:** 713-228-0735
For low-income patients and families needing legal services in family law, immigration law, and insurance. Fees are income based or sliding scale, some pro bono.
- **Lone Star Legal Aid:** 1-800-733-8394
Provides free legal assistance in a wide range of civil matters to eligible, low-income Texans.
- **Beacon Law:** 713-220-9780
Provides civil legal services to the poor and homeless in Harris and surrounding counties, including but not limited to, public benefits, housing, employment, disability, wills, consumer law, and municipal code violations.

Adult Service Recommendations

- To make an appointment with the Texas Children’s Adult Congenital Heart Team:** Please call Donneshia Montgomery, Administrative Coordinator for the Adult Congenital Team, 832-826-2899. She will ask a few questions and then schedule you to see one of our TACH Team physicians. Our physicians service Texas Children’s Main Campus, The Woodlands Campus, and Sugarland Campus.

ADULT SPECIALTY REFERRAL LIST

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| Allergy and Immunology | 1) Pundeet Schroff (BCM) 2) Frank Orson (BCM) 3) Carlos Vital (Vital Allergy) | 1) 713-798-2314 2) 713-794-7960 3) 713-820-6380 |
| Dental Surgery | Neil Gorme, MD, DDS (Scurlock Tower) | 713-795-4120 |
| Dentist | UT Dental School | (713) 486-4444 |
| Dermatology | Ida Orengo (BCM) | 713-798-7645 |
| ENT | Baylor Otolaryngology | (713) 798-5900 |
| Endocrinology | Lisa Folb | 713-520-4798 |
| Family Medicine | 1) Baylor Family Medicine (Kirby and Med Center) 2) Medical Clinic of Houston | 1) 713-798-7700 2) 713-526-5511 |
| Gastroenterology | Waqar Qureshi (BCM) James Schwartz (BCM) | 713-798-0946 |
| Internal Medicine | 1) Barry Zeluff | 713-791-4882 |
| General Surgery | BCM | 713-798-8070 |
| Hematology | Mark Udden | 713-798-6105 |
| Hepatology | Baylor (Drs. Sussman and Khaderi) | 832-355-1471 |
| Infectious Disease | 1) Infectious Disease Associates (Dr. Victor) 2) Houston Center for ID (Woodlands) | 1) 713-799-1112 2) 281-444-1303 |
| Maternal Fetal Medicine | Manisha Gandhi (PFW) Karin Fox | (713) 798-7500 |
| Nephrology | 1) (BCM) Sreedhar Mandayam; Venkat Ramanathan 2) G. Forrester (North Hou Neph) | 1) 713-798-8350 2) 281-440-3005 |

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| Neurology | Melissa Yu | 713-798-4734 713-798-2273 |
| Neurosurgery | 1) Daniel Yoshir (BCM) 2) Neurosurgical Group of Texas (Scurlock) 3) Memorial Hermann Mischer | 1) 713-798-4696 2) 713-790-1211 3) 713-704-7100 |

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| | 4) Texas Spine and Neurosurgery Center (Sugarland) | 4) 713-364-0619 |
| Nutrition | Courtney McNamara Jennaro (Med Clinic of Houston) | 713-520-4774 |
| OB/GYN | 1) Jennifer Elizabeth Dietrich, M.D. 2) Women Specialists of Houston | 1) 832-822-3640 2) 713-797-1144 |
| Ophthalmology | BCM Ophthalmology | (713) 798-7500 |
| Orthopedic Surgery | 1) General: Theodore Shybut 2) Foot/ankle: Ahuero Granberry | 713-986-5590 |
| PM&R | BCM | (713) 798-7246 |
| Psychiatry | Baylor Psychiatry and Behavioral Sciences | (713) 798-4857 |
| Pulmonology | Tara Barto Prasad Manian | (713)-798-2400 |
| Rheumatology | Sandeep Agarwal Rashmi Maganti | (713)-798-3390 |
| Sleep Medicine | 1) Baylor Sleep Center 2) Sleep Disorders Center 3) Apnix 4) Methodist | 1) 713-798-3300 2) 713-526-5511 x2601 3) 713-349-9767 4) 713-441-7854 |
| Urology | Seth Lerner (BCM) | (713) 798-4001 |
| Vascular Surgery | BCM | (713) 798-5700 |