

Texas Children's Mobile Clinic Program

How can we help you?

For more resources call **2-1-1** or visit www.accesshou.org, www.BBHouston.org, or <https://www.houstoncasemanagers.com/houston-community-resources/>

FOOD

- Houston Food Bank
Call **832-369-9390** OR Text **FOOD** to **855-308-2282** to find nearest pantry
<https://rb.gy/msevy>
- YMCA Food Distribution:
<https://rb.gy/aaluth>



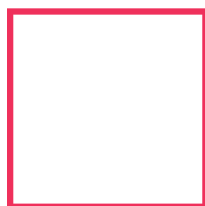
RENT/UTILITIES

- Baker Ripley COVID-19 Rental Assistance Programs
832-390-2018
<https://rb.gy/q2chtr>
- Gulf Coast Community Services Association
9230 Kirby Drive Houston, TX 77054
713-393-4700
<https://rb.gy/m6sdq2>
- TXU Electricity Bill Help
<https://rb.gy/ikddhz>



HELP WITH HEALTH INSURANCE/GOLD CARD

- Harris Health Eligibility Center
713-566-6509
- Epiphany Community Health Outreach Services (ECHOS)
(SW Houston)
713-270-0369
<https://rb.gy/izcrqc>



Scan here to get the online webpage!



MEDICAL SERVICES

- Low cost medical clinics
<https://rb.gy/ne8cbg>
- Alliance Wellness Center free mental health services for children and adults
713-554-1890
- COVID-19 Testing
<https://rb.gy/e8r2bn>
<https://rb.gy/kkfxfw>
832-927-7575



COMPUTER & INTERNET

Comp-U-Dopt offers technology courses and free computers for children in upper elementary school through high school.

713-426-2330

<https://rb.gy/sgmvvm>

- Low Cost Internet Options
<https://rb.gy/querkl>



HOTLINES AND HELPLINES

- Call **2-1-1** for help applying for public benefits like Medicaid/CHIP, SNAP, WIC, TANF and other resources.
- Houston Area Women's Center- **24-hour** Hotline for help with domestic violence and/or sexual assault.
Domestic Violence: **713-528-2121**
Sexual Assault: **713-528-7273**
<https://rb.gy/excjcp>
- Immigrant Rights Hotline for free referrals to immigration legal services.
1-833-468-4664
<https://rb.gy/9zjb5z>
- National Suicide Prevention Lifeline – 24 hour line that helps people in suicidal crisis or emotional distress
1-800-273-8255
<https://rb.gy/5jnkfh>



For questions about this sheet, call 832-824-6784