



# Texas Children's<sup>®</sup> Pediatrics

*Behavioral Health*

*Resource Guide*

This list is not all-inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

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## SELECTION OF BEHAVIORAL HEALTH PROVIDERS (Psychiatrists and Psychotherapists)

There are two types of Behavioral Health Care Providers:

1. Psychiatrist- Psychiatrists are MD's (Medical Doctors) or DO's (Doctors of Osteopathy). They prescribe and monitor mental health medications to treat specific mental illnesses. They must pass years of specialized training and also pass their Board Examinations. They also diagnose patients. Usually, they do not provide talk therapy.
2. Psychotherapists- Therapists are Masters level and above Behavioral Science Specialists. They provide “talk therapy” but do not prescribe medication. They have one of 4 licenses:  
LCSW- Licensed Clinical Social Worker  
LMFT- Licensed Marriage and Family Therapist  
LPC- Licensed Professional Counselor  
PhD Psychologist

Licensed therapists in all areas must complete the required degree(s), years of supervised training and also must pass their Board Examinations.

If covered by Insurance, go to the Insurance Web Site:

1. Find the Behavioral Health or Mental Health Section of providers.
2. If looking for a Psychiatrist, look for the initials MD (Medical Doctor) after their name. Determine if they work with children, adolescents or adults. Sometimes if you click on the provider's name, the site will list specialty areas that may match with your child's special needs. It is important to obtain a child psychiatrist if services are for a child under 18 years
3. If looking for a psychotherapist, look for the following letters behind their name: LCSW, LPC, LMFT or PhD Psychologist (See #2 above). Next, determine what characteristics you are looking for. Does the patient prefer male, female, any particular race or ethnicity? Do they need a therapist with any special skills, such as working with young children, adolescents, or a particular area of expertise ie: trauma, child abuse or neglect, domestic violence, gay or lesbian issues, Posttraumatic Stress Disorder, health concerns, cutting or other self-harm, grief and loss, eating disorders, depression, obsessive-compulsive disorder or any other psychiatric diagnosis? Be aware that like physicians, therapists have areas that they specialize in.
4. Ask about wait lists. The wait list can be several months long.

THE MOST IMPORTANT ISSUE RELATED TO PSYCHOTHERAPY IS THAT PEOPLE WHO LIKE AND TRUST THEIR THERAPIST ARE THE MOST SUCCESSFUL IN TREATMENT. If patient develops a dislike or distrust of the therapist, that feeling must be respected, and patient should be allowed to change therapists. For anyone without insurance, there are several agencies that offer a sliding scale, grants or other rate reductions for services. For some problems, these agencies may even be preferable to a private therapist. For concerns related to domestic violence, child physical or sexual abuse, gay, lesbian, bi-sexual or transgender issues, and trauma care, specialized care is needed. Your Social Worker can assist by providing specialized care referrals to agencies that practice in these areas. Many agencies will also accept your insurance.

In psychotherapy, there are scientifically established best practice treatments, such as Trauma Focused Cognitive Behavioral Therapy for trauma treatment. Additional information on best practice treatments can be found at <http://www.nrepp.samhsa.gov/> These are usually based on diagnosis.

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## North

### THERAPY

#### **Adonai Psychological Services**

20615 Nannette Ln.  
Spring, TX 77388  
(281) 651-1700

#### **Julia Ayraud, LPC**

2203 Timberloch Pl., Ste. 218A  
The Woodlands, TX 77380  
(936) 777-3940

#### **Bricken and Associates**

25810 Oak Ridge Dr.  
The Woodlands, TX 77380  
(281) 364-0067

#### **Sara Bruhn, LCSW**

1325 Windsor St.  
Huntsville, TX 77340  
(936) 291-7928

#### **Donald D. Caudle, PHD**

616 FM 1960 W., Ste. 780  
Houston, TX 77090  
(281) 397-7792

#### **Celeste Chaparro-Johnson, LPC**

336 1/2 N. Main St., Ste. C  
Conroe, TX 77301  
(936) 755-4688

#### **David D. Cole, PhD**

7007 North Fwy, Ste. 300  
Houston, TX 77076  
(713) 697-4963

#### **Counseling Associates of South Texas**

25910 Oak Ridge Dr.  
The Woodlands, TX 77380  
(281) 367-9836  
*Sliding scale*

#### **Kewana M. Davis, LPC**

440 Benmar, Ste. 3344  
Houston, TX 77060  
(281) 241-1353

#### **DePelchin Children's Center The Woodlands (Montgomery County)**

1600 Lake Front Cir.  
The Woodlands, TX 77380  
(713) 730-2335; (281) 367-7707

#### **David C. Foreit, LPC**

10567 Settlers Crossing  
Conroe, TX 77303  
(936) 264-3339

#### **Barbara Hall, PhD**

2611 FM 1960 W., Ste. D101  
Houston, TX 77068  
(281) 444-2208

#### **The Harris Center for Mental Health and IDD (formerly MHMRA)**

1506 FM 2854 Rd.  
Conroe, TX 77304  
(936) 521-6100

#### **Mental Health Resource Center**

1625 Rayford  
Spring, TX 77386  
(281) 363-2468

#### **Mental Wellness Services, Inc.**

507 N. Sam Houston Pkwy. E., Ste. 215  
Houston, TX 77060  
(281) 447-9355

#### **Moore Mental Health & Behavioral Services**

17030 Nanes Dr., Ste. 170 B  
Houston, TX 77090  
(281) 415-1280

#### **Denise Morales, LCSW**

16215 Northwest Fwy, Ste. 103  
Houston, TX 77090  
(281) 586-7596  
*Bilingual*

#### **Tia Parsley Counseling Services**

9595 Six Pines Dr.  
The Woodlands, TX 77380  
(832) 631-6334

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Kathleen Petrak, LPC**

704 Longmire Rd., Ste. 101  
Conroe, TX 77304  
(832) 428-6663

**Prevail Counseling**

3421 West Davis St., Ste. 220  
Conroe, TX 77304  
(936) 443-9629  
*Psychological testing*  
*Hypnosis*  
*EMDR*

**Terrence Scott, MA, LPC, LCDC, CART**

505 N. Sam Houston Pkwy E., Ste. 210  
Houston, TX 77060  
(713) 280-6772

**Spring Grove Counseling**

FM 2920 Rd.  
Spring, TX 77379  
(281) 205-8786

**Ahmed Thahira, MA, LPC**

14335 Torrey Chase Blvd., Ste. E  
Houston, TX 77014  
(281) 893-1019

**Victor Wiesner, PhD**

9595 Six Pines Dr.  
Spring, TX 77380  
(281) 825-7789

**Williams Psychotherapy Services**

507 N. Sam Houston Pkwy. E., Ste. 210  
Houston, TX 77060  
(281) 447-5800  
*Intellectual and disability assessments*  
*Sliding scale*

**Nannette D. Williams, PhD**

7007 North Fwy, Ste. 300  
Houston, TX 77076  
(713) 697-4963

**Laura Martin Wolf, LPC**

9525 Katy Fwy, Ste. 424  
Houston, TX 77024  
(713) 827-9600

**PSYCHIATRY**

**Lourdes Bosquez, MD**

9006 Forest Crossing Dr.  
The Woodlands, TX 77381  
(281) 364-9884

**Lisa Boyd, MD**

8505 Technology Forest Pl., Ste. 1001  
The Woodlands, TX 77381  
(832) 981-6282

**Dawn K. Brown, MD**

2219 Sawdust Rd. Ste. 301  
The Woodlands, TX 77380  
(281) 419-2343  
*ADHD*  
*Psychological testing*

**Cornerstone Psychiatry Associates**

14340 Torrey Chase Ste. 160  
Houston, TX 77014  
(281) 580-8086

**John Dale, MD**

5629 Cypress Creek Pkwy., #231  
Houston, TX 77069  
(281) 440-5553

**DePelchin Children's Center The Woodlands (Montgomery County)**

1600 Lake Front Cir.  
The Woodlands, TX 77380  
(713) 730-2335; (281) 367-7707

**Family Psychiatry of the Woodlands**

8701 New Trails Dr., Ste. 150  
The Woodlands, TX 77381  
(281) 367-1015  
*Intensive outpatient program*

**Paul Looney, MD**

26205 Oak Ridge Dr.  
Spring, TX 77380  
(713) 725-1305

**Red Oak Psychiatry**

17115 Red Oak Dr., Ste. 109  
Houston, TX 77090  
(281) 893-4111



This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Fernando Torres, MD**  
2006 S Loop 336 W, Ste. 400  
Conroe, TX 77304  
(936) 647-3510

## Northeast

### THERAPY

**Terry Aultman, LPC**  
6232 TX-146  
Baytown, TX 77523  
(281) 918-0152

**Audrey Burgess, PhD**  
800 Rockmead Dr., Ste. 175  
Kingwood, TX 77339  
(713) 377-8657  
*Psychological/educational evaluations*  
*Autism*

**The Harris Center for Mental Health and  
IDD (formerly MHMRA)**  
6805 Oak Village Dr.  
Humble, TX 77396  
(281) 441-4759

**The Counseling Corner**  
9511 N. Hwy 146  
Mont Belvieu, TX 77523  
(281) 576-2444  
*Play therapy*  
*Sliding scale*

**Kimberly Boyd Counseling Center**  
2323 Timber Shadow Dr., Ste. B  
Kingwood, TX 77339  
(832) 233-3086  
*Psychological testing*  
*Play therapy*

**Yvette M. Cornish, LPC**  
1717 Turning Basin Ste. 355  
Houston, TX 77029  
(832) 626-1731

**Deerbrook Counseling Center**  
9810 FM 1960 Bypass Rd. W, Ste. 295  
Humble, TX 77338  
(281) 548-1778

**Depelchin Community-Based Counseling  
Northeast**  
1410 Lee St.  
Houston, TX 77009  
(713) 864-2582  
*Must live in Harris County*  
*Ages 0-17*

**The Family Psychology Clinic of  
Kingwood**  
2606 Bens Branch Dr.  
Kingwood, TX 77339  
(281) 361-0777  
*Psychological testing*

**Family Services of Greater Houston**  
5313 Decker Dr.  
Baytown, TX 77520  
(713) 861-4849

**Rion Hart**  
16864 Royal Crest Dr.  
Houston, TX 77058  
(281) 488-5515

**Health Partners**  
2323 Timber Shadows Dr., Ste. B  
Kingwood, TX 77339  
(281) 657-6052  
*Psychological/Neuropsychological evaluations*

**George Lazar, PhD**  
9810 W. FM 1960, Ste. 280  
Humble TX 77338  
(713) 432-9900

**Margaret Hood Black & Associates, PC**  
19222 State Hwy 249  
Houston, TX 77070  
(713) 562-7819

**Marcia Q. Hubbard, LPC, Med, RPT**  
1306 Kingwood Dr.  
Kingwood, TX 77339  
(281) 358-7035

**Legacy Community Health**  
6730 Independence  
Baytown, TX 77521  
(281) 628 2020  
*Sliding scale*

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**Livable Forest Counseling,**  
1210 Stone Hollow Dr. Ste. A  
Kingwood, TX 77339  
(713) 364-8032

**North Shore Counseling Center**  
331 Freeport Dr.  
Houston, TX 77015  
(713) 637-6000  
*Psychological testing*

**Kris Shuman, LPC**  
700 Rockmead Dr., #246  
Humble, TX 77339  
(281) 358-9977

**Laura Seacrest, PhD**  
800 Rockmead Dr., Ste. 175  
Kingwood, TX 77339  
(281) 780-4776

**Karen Seitz, PhD**  
16864 Royal Crest Dr.  
Houston, TX 77058  
(281) 488-5515  
*Cash pay only*

**Carol Sepulveda, LCSW**  
900 Rockmead Dr., Ste. 255  
Kingwood, TX 77339  
(281) 433-8210  
*Child and play therapy*

**Keith Stirrup, PhD**  
1408B Stonehollow Dr., Ste. 400  
Kingwood, TX 77339  
(281) 814-5007

**Mary Summerlin, PhD**  
1525 Lakeville Dr.  
Humble, TX 77339  
(281) 348-0882

**Texas Psychology Services**  
1110 E NASA Pkwy.  
Houston, TX 77058  
(281) 956-1032

## **PSYCHIATRY**

**Mohammed Ahmed, MD**  
4201 Garth Rd., Ste. 208  
Baytown, TX 77521  
(281) 837-6463

**Michael Berno, MD**  
6730 Independence Blvd., Ste. 200  
Baytown, TX 77521  
(713) 351-7360

**Ayanna J. Brown, MD**  
19701 Kingwood Dr., Bldg. 3  
Kingwood, TX 77339  
(281) 358-5701

**Azhar Rukshan DO, MD**  
2802 Garth Rd., # 105  
Baytown, TX 77521  
(281) 428-7997

**Philip Farley, MD**  
9813 Memorial Blvd., Ste. A  
Humble, TX 77338  
(281) 913-3550

**Harris Health Baytown Health Center**  
1602 Garth Rd.  
Baytown, TX 77520  
(281) 837-2700

**Denise A. Ingham, MD**  
17625 El Camino Real  
Houston, TX 77058  
(281) 990-0800

**Ashok Khushalani, MD**  
210 S. Avenue C  
Humble, TX 77338  
(281) 446-9216

**Kingwood Psychiatry**  
19701 Kingwood Dr., #3  
Kingwood, TX 77339  
(281) 358-5701

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**Legacy Community Health**

6730 Independence  
Baytown, TX 77521  
(281) 628 2020  
*Sliding scale*

**Krishna Sunkureddi, MD**

8530 FM 1960 Rd. E  
Humble, TX 77346  
(832) 777-6230

**Athi Venkatesh, MD**

19701 Kingwood Dr. Bldg. 3  
Kingwood, TX 77339  
(281) 358-5701

**Northwest**

**THERAPY**

**Banyan Counseling**

3880 Greenhouse Rd., Ste. 306  
Houston, TX 77084  
(281) 855-1982

**The Center for Children and Families**

17401 Village Green Dr.  
Jersey Village, TX 77040  
(713) 466-1360  
*Children with special needs  
Psychoeducational evaluations*

**Champions Christian Counseling**

333 South Cherry St.  
Tomball, TX 77375  
(281) 357-4111

**Champion Therapy**

25435 FM 2978, Ste.108  
Tomball, TX 77375  
(281) 813-7894  
*Bilingual*

**Counseling Resource Center**

500 Mason  
Tomball, TX 77375  
(281) 255-9922  
*Play therapy*

**Depelchin Community-Based Counseling  
Northwest**

4001 N. Shepherd, Ste. 119  
Houston, TX 77018  
(713) 864-2582  
*Must live in Harris County  
Ages 0-17*

**Christie S. Harriss, LCSW**

2825 Wilcrest, Ste. 162  
Houston, TX 77042  
(832) 814-2174

**Hope Alive Christian Counseling**

16151 Cairnway Dr., Ste. 206  
Houston, TX 77084  
(281) 656-2548

**Karitas Counseling**

9800 Northwest Fwy #206  
Houston, TX 77092  
(713) 316-9081  
*Sliding scale*

**Kristina Fernandez, LPC**

9950 Cypresswood, #300  
Houston, TX 77070  
(281) 995-0050

**Erin M. Lovell, LPC**

7026 Belgold St.  
Houston, TX 77066  
(281) 467-2682

**The Harris Center for Mental Health and  
IDD (formerly MHMRA)**

3737 Dacoma St.  
Houston, TX 77092  
(713) 970-8400

**Pamela Ogletree, M.Ed, LPC**

4170 W. Greens Rd.  
Houston, TX 77066  
(281) 580-1388

**Jean Riojas-Foyt, MA, LPC**

2500 City W. Blvd.  
Houston, TX 77042  
(713) 267-2390

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**Alicia Snow, PhD**  
14015 Park Dr., Ste. 110  
Tomball, TX 77375  
(713) 240-8609

**Victoria Strange, MA, LPC, NCC**  
7825 Hwy 6 N #102B  
Houston, TX 77095  
(713) 234-6214

**Dilek Wise, PhD, LMFT**  
1458 Campbell Ste. 250A  
Houston, TX 77055  
(713) 294-8090  
*Self-pay only*

**Jennifer Weatherly-Obani, LPC**  
10303 Northwest Fwy #508  
Houston, TX 77092  
(713) 866-4028  
*Sliding scale*

### **PSYCHIATRY**

**Benjamin's Behavioral Health Services**  
9701 Richmond Ave. Ste. 210  
Houston, TX 77042  
(713) 840-7956  
*Neuropsychiatric evaluations*  
*Genetic testing*

**Dapa Family Recovery Center**  
5500 Guhn Rd. Ste. 100  
Houston, TX 77040  
(713) 783-8889

**Greater Houston Psychiatric Associates**  
11000 Richmond Ave., Ste. 330  
Houston, TX 77042  
(713) 400-7400

**Harris Health Northwest Health Center**  
1100 West 34th St.  
Houston, TX 77018  
(713) 861-3939

**Kaur Psychiatry**  
12000 Richmond Ave. #190,  
Houston, TX 77082  
(281) 760-3083

**Patel Neha S Do**  
9539 Huffmeister Rd.  
Houston, TX 77095  
(832) 593-8100

**Homsy Paul, MD**  
7825 Hwy 6 N  
Houston, TX 77095  
(281) 500-6970

**Marisa Suppatkul, MD**  
11000 Richmond Ave. #330  
Houston, TX 77042  
(713) 400-7400

**Matthew M. Thompson, MD**  
3033 Gessner Dr. #510  
Houston, TX 77080  
(713) 329-7538

## **Southwest**

### **THERAPY**

**Norma Backs, EdD, LPC-S, LMFT-S**  
7002 Riverbrook Dr., Ste. 900A  
Sugar Land, TX 77479  
(713) 444-4326

**D. L. Billingsley & Associates**  
2440 TX Parkway Ste. 228  
Missouri City, TX 77489  
(832) 632-8536

**Depelchin Children's Center Stafford  
(Fort Bend County)**  
12300 Parc Crest Dr., Ste. 120  
Stafford, TX 77477  
(713) 730-2335; (281) 207-2361

**Depelchin Community-Based Counseling  
Southwest**  
6628 Hornwood Dr.  
Houston, TX 77074  
(713) 864-2582  
*Must live in Harris County*  
*Ages 0-17*

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Depelchin STAR (Services to At-Risk Youth and Families) Program**

10435 Greenbough Dr.  
Stafford, TX 77477  
(281) 261-1341

*May not have current CPS involvement  
Child cannot be on probation  
Ages 0-17*

**Tracy S. Dow, Psy D.**

6750 West Loop South, Ste. 1000  
Bellaire, TX 77401  
(713) 338-9020

**Family Enrichment Clinic**

7100 Regency Square Blvd., Ste. 136  
Houston, TX 77036  
(713) 780-2833  
*Play therapy  
Sliding scale*

**William Freeman, MSW, LCSW**

2116 Thompson Rd., Ste. 101  
Richmond, TX 77469  
(281) 239-6700

**Kinghaven Counseling**

9100 Southwest Fwy, Ste. 100  
Houston, TX 77074  
(713) 457-4372

*Evening hours and weekend hours available*

**Legacy Community Health**

6441 High Star  
Houston, TX 77074  
(823) 548 5300  
*Sliding scale*

**Sari Janice Meltzer, PhD**

5909 West S Loop, Ste. 370  
Bellaire, TX 77401  
(713) 626-8750

**The Harris Center for Mental Health and IDD (formerly MHMRA)**

9401 SW Fwy Service Rd.  
Houston, TX 77027  
(713) 970-3401

**Ed Muldrow, PhD**

4501 Cartwright #705  
Missouri City, TX 77459  
(832) 233-2791

**Margie Perry, LPC**

1121 Elizabeth Ave.  
Rosenberg, TX 77471  
(281) 342-3500  
*Play therapy*

**Chada Sharon, PhD**

50 Sugar Creek Center, Ste. 250  
Sugar Land, TX 77478  
(281) 494-8666  
*Neuropsychological testing*

**Sugar Creek Psychotherapy**

10707 Corporate Dr. #150  
Stafford, TX 77477  
(281) 494-9100

**Weinberger, Black, and Associates**

6565 West Loop South, Ste. 750  
Bellaire, TX 77401  
(713) 839-9500

**Westoaks Counseling Center**

2600 S. Gessner, Ste. 314  
Houston, TX 77063  
(713) 977-7033

**PSYCHIATRY**

**Dhatt Ajinder, MD**

6260 Westpark Dr. #100  
Houston, TX 77057  
(713) 781-9800

**Onuoha Beranadette, MD**

12808 W Airport Blvd. #250  
Sugar Land, TX 77478  
(281) 240-1035

**Penny Chow, MD**

4645 Sweetwater Blvd. #500  
Sugar Land, TX 77479  
(281) 494-6222

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**Depelchin Children’s Center Stafford  
(Fort Bend County)**

12300 Parc Crest Dr., Ste. 120  
Stafford, TX 77477  
(713) 730-2335; (281) 207-2361

**Everhealth**

7324 Southwest Fwy #640  
Houston, TX 77074  
(713) 484-5105

**James Flack, MD**

12301 Main St.  
Houston, TX 77035  
(713) 275-5086

**Fort Bend Psychiatry**

4501 Cartwright Rd. #102  
Missouri City, TX 77459  
(281) 499-9402

**Deena Gandhi, MD**

56 Sugar Creek Center Blvd. #350  
Sugar Land, TX 77478  
(281) 277-9137

**Harris Health El Franco Lee Health  
Center**

8901 Boone Rd.  
Houston, TX 77099  
(281) 454-0500

**Legacy Community Health**

6441 High Star  
Houston, TX 77074  
(823) 548 5300  
*Sliding scale*

**The Menninger Clinic**

12301 S. Main St.  
Houston, TX 77035  
(713) 275-5000

**Simmons Psychiatry**

3777 Sienna Pkwy  
Missouri City, TX 77459  
(281) 849-8079

**Stephanie C. Sim, MD**

10701 Corporate Dr., #243  
Stafford, TX 77477  
(832) 541-0609

**Debra Stokan, MD**

11104 W Airport Blvd., #135  
Stafford, TX 77477  
(832) 328-0008

**William H. Reading, MD**

12603 Southwest Fwy, #510  
Stafford, TX 77477  
(281) 494-4471  
*Self-pay only*

**Southeast**

**THERAPY**

**The Autism Place**

3403 West Overdale Dr.  
Pearland, TX 77584  
(281) 377-1818

**Bay Pointe Behavioral Health Service**

1560 W Bay Area Blvd.  
Friendswood, TX 77546  
(281) 480-2400

**Janice Beal**

2656 South Loop West, Ste. 200  
Houston, TX 77054  
(713) 337-2457

**Behavior Plus**

902 S Friendswood Dr., #G  
Friendswood, TX 77546  
(281) 482-7587

**Regina Carrillo, LPC**

2405 South Grand Blvd.  
Pearland, TX 77581  
(713) 338-9106

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Counseling Concepts**

2118 Grand Blvd.  
Pearland, TX 77581  
(281) 660- 0327  
*Saturday appointments available*

**Counseling Connections (Christian Counseling)**

2225 County Rd 90, Ste. 119  
Pearland, TX 77584  
(281) 485-9280  
*Play therapy  
Sliding scale*

**Depelchin Community-Based Counseling Program Southeast**

7524 Ave. E  
Houston, TX 77012  
(713) 864-2582  
*Must live in Harris County  
Ages 0-17*

**Depelchin STAR (Services to At-Risk Youth and Families) Program**

4950 Memorial Dr.  
Houston, TX 77007  
(713) 664-3459  
*May not have current CPS involvement  
Child cannot be on probation  
Ages 0-17*

**Stephanie DeWolfe, LMSW, ACP**

211 E Parkwood Dr.  
Friendswood, TX 77546  
(281) 482-5999; (281) 482-9222

**Family PsychSolutions**

9307 Broadway, Ste. 323  
Pearland, TX 77584  
(281) 845-2827  
*Psychological evaluations*

**Friendswood Counseling Center**

3526 E. FM 528 Rd., Ste. 208  
Friendswood, TX 77546  
(281) 819-7004

**Harris Health Gulfgate Health Center**

7550 Office City Dr.  
Houston, TX 77012  
(713) 495-3700

**Harris Health System Pediatric and Adolescent Health Center-Pasadena**

3925 Fairmont Parkway  
Pasadena, TX 77504  
(713) 873-6300

**Sue Hewitt, MS, LPC**

2501 S. Galveston Ave., Ste. B  
Pearland, TX 77581  
(281) 412-4123

**Mary Ann Johnston, LMFT, LPC**

2225 County Rd. 90, Ste. 219  
Pearland, TX 77584  
(713) 990-9387

**Brian Kerns, PhD**

306 W Edgewood Dr. #G  
Friendswood, TX 77546  
(281) 993-1999

**Beth Kobb, LCSW**

2421 Roy Rd., Ste. 105  
Pearland, TX 77581  
(713) 299-8424

**Michael L. Markowitz, PhD**

11721 Fuqua St.  
Houston, TX 77034  
(281) 217-7761

**Betty Jean McCarty, LPC**

2421 Roy Rd., Ste. 103  
Pearland, TX 77581  
(281) 412-7990

**Ricardo Mejia**

(713) 823-2834  
*At home counseling*

**The Harris Center for Mental Health and IDD (formerly MHMRA)**

5901 Long Dr.  
Houston, TX 77087  
(713) 970-4300

**Kathy S. Molinaro, LPC**

150 W Shadowbend Ste. 200  
Friendswood, TX 77546  
(713) 338-9282



This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Amanda Norris, PhD**  
1560 West Bay Area Blvd., Ste. 270  
Friendswood, TX 77546  
(281) 480-0200  
*ADHD evaluations*

**PRO-ACT Counseling**  
2601 Pasadena Blvd  
Pasadena, TX 77502  
(713) 475-0072

**Psych Management Solutions**  
825 Fairmont Parkway  
Pasadena, TX 77505  
(713) 943-2267

**Silverlake Behavioral Associates**  
2410 Hidden Creek Dr.  
Pearland, TX 77581  
(281) 412-6863

**Janice M. Townsend**  
201 E. San Augustine Dr.  
Deer Park, TX 77536  
(281) 479-2295

**Vennette Westhoven, PhD**  
150 W Shadowbend Ave., # 100  
Friendswood, TX 77546  
(713) 647-1572

**Lisa Willbanks-Larriviere, LCSW**  
2225 County Rd. 90, Ste. 201-D  
Pearland, TX 77584  
(832) 305-5992

### **PSYCHIATRY**

**Baylor MedCare-Strawberry Clinic**  
927 E. Shaw Ave.  
Pasadena, TX 77506  
(713) 982-5900

**Matthew Brams, MD**  
550 Westcott St., Ste. 520  
Houston, TX 77007  
(713) 864-6697

**Irina Digilova, MD**  
6302 Broadway St., Ste. 230  
Pearland, TX 77581  
(281) 529-6242

**Greater Houston Psychiatric Associates**  
11233 Shadow Creek Pkwy., Ste. 200  
Pearland, TX 77584  
(832) 757-1177

**Harris Health System Pediatric and Adolescent Health Center-Pasadena**  
3925 Fairmont Pkwy.  
Pasadena, TX 77504  
(713) 873-6300

**Enrique Mendia, MD**  
908 Southmore Ave., Ste. 220  
Pasadena, TX 77502  
(713) 473-3523

**Pearland Psychiatry**  
1506 W Broadway St., #103  
Pearland, TX 77581  
(832) 947-3562

**Progressive Behavioral Health**  
341 E Parkwood Dr.  
Friendswood, TX 77546  
(281) 993-3733

**Psych Management Solutions**  
4001 Preston Rd. #145  
Pasadena, TX 77505  
(832) 672-6318

**Psych Management Solutions**  
825 Fairmont Parkway  
Pasadena, TX 77505  
(713) 943-2267  
*Bilingual*

## **Clear Lake**

### **THERAPY**

**Mary Alvarez, PhD**  
1506 Winding Way #210  
Friendswood, TX 77546  
(281) 482-0801



This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Bay Area Family Counseling**

1234 Bay Area Blvd., Ste. R  
Houston, TX 77058  
(281) 488-1213

**Bloom Counseling**

1020 Bay Area Blvd., Ste. 118  
Houston, TX 77058  
(832) 224-4490  
*Home based therapy available*

**Center for Mind Body Health**

17300 El Camino Real, Ste. 107D  
Houston, TX 77058  
(832) 741-0266

**Depelchin Children’s Center Clear Lake**

1300-A Bay Area Boulevard, Ste. 200  
Houston, TX 77058  
(713) 730-2335; (281) 282-6062

**Family Services of Greater Houston**

1300 Bay Area Blvd., Ste. 230 A  
Houston, TX 77058  
(713) 861-4849

**Donna L. Fasullo, LCSW, LPC, LCDC**

1100 Nasa Pkwy., Ste. 110  
Houston, TX 77058  
(713) 637-7644

**The Gulf Coast Center**

305 E Main St.  
League City, TX 77573  
(409) 944-4600

**Innovative Alternatives in Mediation & Counseling**

18333 Egret Bay, Ste. 540  
Houston, TX 77058  
(713) 222-2525

**The Krist Samaritan Center**

17555 El Camino Real  
Houston, TX 77058  
(281) 480-7554

**Kimberlee Kyle, MA, LPC**

620 W Main St.  
League City, TX 77573  
(281) 332-9931

**New Dimensions Day Hospital**

1345 Space Park Dr., Ste C  
Houston, TX 77058  
(281) 333-2284  
*Intensive Outpatient Program*

**Sonia Pastrana, LPC**

1100 Nassau Pkwy., Ste. 308  
Houston, TX 77058  
(713) 584-0098  
*Bilingual*

**Psychology Resources**

216 North Michigan Ave.  
League City, TX 77573  
(281) 332-5100

**Janis B. Rice, LPC**

16821 Buccaneer Ln., Ste. 119  
Houston, TX 77058  
(281) 538-8008

**University of Houston-Clear Lake**

2700 Bay Area Blvd.  
Houston, TX 77058  
(281) 283-3330  
*Sliding scale*

**PSYCHIATRY**

**Syed Ahmed, MD**

1301 W League City Pkwy.  
League City, TX 77573  
(281) 554-6232

**Bay Area Psychiatry Group**

1002 Gemini St. #205  
Houston, TX 77058  
(281) 218-8181

**Depelchin Children’s Center Clear Lake**

1300-A Bay Area Boulevard Ste. 200  
Houston, TX 77058  
(713) 730-2335; (281) 282-6062

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Family Psychiatry**  
2360 Gulf Fwy S, #100B,  
League City, TX 77573  
(281) 554-0123

**The Gulf Coast Center**  
305 E Main St.  
League City, TX 77573  
(409) 944-4600

**Peter C. Ly, MD**  
17625 El Camino Real, #250,  
Houston, TX 77058  
(281) 990-0800

**Saeed Medical Group**  
2360 Gulf Fwy S.  
League City, TX 77573  
(281) 554-0123

**Sandra McElroy, MD**  
620 W Main St., Ste. 102  
League City, TX 77573  
(281) 332-4673

**The PsyClinic**  
330 E Medical Center Blvd.  
Webster, TX 77598  
(281) 837-6463

**Houshmand Tirandaz, MD**  
109 Marshall St.  
League City, TX 77573  
(281) 557-1414

**UTMB Faculty Group Practice**  
400 N TX Ave., Ste. A  
Webster, TX 77598  
(281) 338-2798

## Central

### THERAPY

**Lyle Cadenhead, PhD**  
1418 Marshall St.  
Houston, TX 77006  
(713) 942-2330

**The Center for Creative Resources**  
816 Hawthorne St.  
Houston, TX 77006  
(713) 461-7599  
*Sliding scale*

**Center for Family Consultation**  
2524 Nottingham  
Houston, TX 77005  
(713) 526-4751

**Chambers Counseling and Consulting**  
2990 Richmond Ave. #480  
Houston, TX 77098  
(713) 522-2024

**Continuum**  
3003 South Loop West, Ste. 475  
Houston, TX 77054-1381  
(713) 383-0888

**Depelchin Children's Center Main  
Campus**  
4950 Memorial Dr.  
Houston, TX 77007  
(713) 730-2335

**Eddins Counseling Group**  
1501 Crocker St., Ste. #2,  
Houston, TX 77019  
(832) 209-2222

**El Centro De Corazon**  
412 Telephone Rd.  
Houston, TX 77023  
(713) 660-1880  
*Bilingual*

**Expressive Therapies Center**  
5311 Kirby, Ste. 110  
Houston, TX 77005  
(713) 529-5285

**Family Services of Greater Houston**  
4625 Lillian St.  
Houston, TX 77007  
(713) 861-4849

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Good Neighbor Health Center**

190 Heights Blvd.  
Houston, TX 77007  
(713) 387-7196

**Legacy Community Health**

1415 California St.  
Houston, TX 77006  
(832) 548 5000  
*Sliding scale*

**Lesajean Jennings, PhD**

1319 Live Oak St.  
Houston, TX 77003  
(713) 225-2280  
*Psychoeducational evaluations*

**Jewish Family Services**

4131 S Braeswood Blvd.  
Houston, TX 77025  
(713) 667-9336

**Montrose Center**

401 Branard St.  
Houston, TX 77006  
(713) 529-0037  
*LGBT*

**The Harris Center for Mental Health and  
IDD (formerly MHMRA)**

2627 Caroline St.  
Houston, TX 77004  
(713) 970-7000

**Santhi Periasamy**

3303 Louisiana St., # 200  
Houston, TX 77006  
(713) 942-7793

**Premier Psychological Services**

3730 Kirby Dr., Ste. 800  
Houston, TX 77098  
(713) 521-7575

**Texas Children's Hospital Psychology**

6701 Fannin Ste. 1630  
Houston, TX 77030  
(832) 822-3700

**UH Child and Adolescent Clinics**

4505 Cullen Blvd.  
Houston, TX 77204  
(281) 789-6465

**Village Counseling Services**

5311 Kirby Dr. #204  
Houston, TX 77005  
(713) 533-9811  
*Psychological testing*  
*Play Therapy*  
*EMDR*

**West University Psychological  
Associates**

3400 Bissonnet S, Ste. 155  
Houston, TX 77005  
(713) 838-9119

**PSYCHIATRY**

**Continuum**

3003 South Loop West, Ste. 475  
Houston, TX 77054-1381  
(713) 383-0888

**Depelchin Children's Center Main  
Campus**

4950 Memorial Dr.  
Houston, TX 77007  
(713) 730-2335

**El Centro De Corazon**

412 Telephone Rd.  
Houston, TX 77023  
(713) 660-1880  
*Bilingual*

**Good Neighbor Health Center**

190 Heights Blvd.  
Houston, TX 77007  
(713) 387-7196

**Greater Houston Psychiatric Associates**

4888 Loop Central Dr., Ste. 510  
Houston, TX 77081  
(713) 346-1551

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Barry F. Gritz, MD**  
230 Westcott St., #210  
Houston, TX 77007  
(713) 869-7400

**Harris Health Casa de Amigos Health Center**

1615 North Main St.  
Houston, TX 77009  
(713) 222-2272

**Jason James, MD**  
4306 Yoakum Blvd., #345  
Houston, TX 77006  
(713) 489-9142

**Legacy Community Health**  
1415 California St.  
Houston, TX 77006  
(832) 548-5100  
*Sliding scale*

**Memorial Park Psychiatry**  
550 Westcott St.  
Houston, TX 77007  
(713) 864-6694

**Richard Pesikoff, MD**  
24 E. Greenway Plaza, Ste. 1204  
Houston, TX 77046  
(713) 795-5424

**Tony A. Pham, MD, PA**  
1315 St Joseph Pkwy, #1307  
Houston, TX 77002  
(713) 376-3459

**Premier Psychological Services**  
3730 Kirby Dr., Ste. 800  
Houston, TX 77098  
(713) 521-7575

**Priscilla Ray, MD**  
6624 Fannin St., #2190  
Houston, TX 77030  
(713) 797-0112

**Texas Children's Hospital Psychiatry**  
6701 Fannin, Ste. 1740  
Houston, TX 77030  
(832) 822-3750

**UT Health Harris County Psychiatric Center**

2800 S MacGregor Way  
Houston, TX 77021  
(713) 741-5000

**Jia Wang, MD**  
1200 Binz St., Ste. 520,  
Houston, TX 77004  
(832) 930-3365

**Daniela White, MD**  
5225 Katy Fwy, Ste. #650  
Houston, TX 77007  
(713) 426-3100

**West**

**THERAPY**

**Behavioral Health Consultants**  
9525 Katy Fwy, Ste. 312  
Houston, TX 77024  
(713) 463-9449  
*Psychiatric evaluations  
Group counseling*

**Cypress Counseling Center**  
16522 House Haul Rd., Ste. E7  
Cypress, TX 77433  
(832) 981-2785

**Depelchin Children's Center Katy**  
515 Park Grove Ln.  
Katy, TX 77450  
(713) 730-2335; (281) 398-1045

**Depelchin STAR (Services to At-Risk Youth and Families) Program**  
515 Park Grove Ln.  
Katy, TX 77450  
(713) 664-3459  
*May not have current CPS involvement  
Child cannot be on probation  
Ages 0-17*

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Depelchin STAR (Services to At-Risk Youth and Families) Program**

3401 FM-359  
Brookshire, TX 77423  
(281) 261-1341

*May not have current CPS involvement  
Child cannot be on probation  
Ages 0-17*

**El Camino Counseling**

2840 Commercial Center Blvd. #104  
Katy, TX 77494  
(713) 647-0002

**H.O.P.E. Psychotherapy of Houston**

17510 Huffmeister Rd., Ste. 103 & 105  
Cypress, TX 77429  
(281) 373-5200

**Houston Christian Counseling**

609 B Park Grove Dr.  
Katy, TX 77450  
(281) 398-0022

*Christian and non-Christian counseling*

**Houston Psychotherapists**

21216 Northwest Fwy Ste. 450  
Cypress, TX 77429  
(832) 900-2521

**Katy Center for Psychology and Counseling Services**

2900 Commercial Center Blvd., Ste. 110  
Katy, TX 77494  
(713) 332-4390

**Katy Child Psychology Associates**

21384 Provincial Blvd.  
Katy, TX 77450  
(281) 829-1599

*Neuropsychological testing  
Bilingual*

**Katy Christian Ministries**

5011 East 5<sup>th</sup> St.  
Katy, TX 77493  
(281) 391-5261  
*No cost*

**Gabriela Morgan, LPC**

722 Pin Oak Rd. Ste. 220  
Katy, TX 77494  
(832) 687-5125

**Texana Center**

4910 Airport Ave.  
Rosenberg, TX 77471  
(281) 239-1300

**PSYCHIATRY**

**Cinco Ranch Psychiatry**

2900 Commercial Center Blvd., #110  
Katy, TX 77494  
(713) 332-4388

**Depelchin Children's Center Katy**

515 Park Grove Ln.  
Katy, TX 77450  
(713) 730-2335; (281) 398-1045

**Harris Health Danny Jackson Health Center**

5503 N. Fry Rd.  
Katy, TX 77449  
(713) 982-7071

**Katy Psychiatry**

24215 Kingsland Blvd.  
Katy, TX 77494  
(281) 599-3313

**Lone Star Behavioral Health**

16303 Grant Rd.  
Cypress, TX 77429  
(281) 516-6200

**Psychiatric Center of Katy**

440 Cobia Dr. Ste. 1301  
Katy, TX 77494  
(281) 829-0072

**TMS Center of TX**

1830 Snake River Rd. Ste. E  
Katy, TX 77449  
(281) 305-8952

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Your Family Psychiatrist**  
17510 Huffmeister Rd. #105,  
Cypress, TX 77429  
(281) 849-4080

## **Brazoria**

### **THERAPY**

**Brazoria County Counseling Center**  
120 E Plum  
Angleton, TX 77515  
(979) 549-0889

**Mary J. Carpenter, LPC**  
118 W Sealy St.  
Alvin, TX 77511  
(281) 331-2934

**Family Resource Center**  
115 N. Dixie Dr., Ste. 250  
Lake Jackson, TX 77566  
(979) 285-3533

**Tim E. Gusey, LPC**  
709 W Sealy St.  
Alvin, TX 77511  
(713) 775-3832

**Deborah C. Higgs, LPC**  
1600 E Highway 6, Ste. 375  
Alvin, TX 77511  
281-331-6222

**His Love Counseling Services**  
310 Flag Lake Dr.  
Lake Jackson, TX 77566  
(979) 297-3236

**Karen Hubbard, LPC**  
104 W. Myrtle St., Ste. 230  
Angleton, TX 77515  
(979) 848-0100

**Intra Care Lake Jackson**  
120 S. Parking Place  
Lake Jackson, TX 77566  
(979) 292-0113

**The Harris Center for Mental Health and  
IDD (formerly MHMRA)**  
2352 E. Mulberry St.  
Angleton, TX 77515  
(979) 848-8420

**Sandra S. Jones, LPC**  
204 W Coombs St.  
Alvin, TX 77511  
(409) 763-2373

**Steve Sutherland, LPC**  
115 N. Dixie Dr., Ste. 250  
Lake Jackson, TX 77566  
(281) 394-0427

**Youth & Family Counseling Services**  
416 S Johnson St.  
Alvin, TX 77511  
(281) 331-2649

### **PSYCHIATRY**

**Gulf Coast Regional Mental Health**  
101 Tigner, Building #1  
Angleton, TX 77515  
(979) 848-0933

**Nilesh J. Patel, MD**  
201 Oak Dr. South  
Lake Jackson, TX 77566  
(979) 299-0012

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

## **BEHAVIORAL WELLNESS**

### **TX Children’s Pediatrics Behavioral Wellness Clinic**

7515 S. Main, Ste. 220  
Houston, TX 77030  
713-795-5771

Offers specialized treatment for children and adolescents with the following psychosocial issues:

- Anxiety
- Attention deficit hyperactivity disorder (ADHD)
- Autism
- Depression
- Self-abusing behaviors

## **ADULT MENTAL HEALTH**

### **Asian American Family Services**

9440 Bellaire Blvd., Ste. 228  
Houston, TX 77036  
(713) 600-9400

### **Attention Deficit Disorders Association**

12345 Jones Rd., #287  
Houston, TX 77070  
(281) 894-4932

### **Margaret Basu, MD**

2211 Norfolk St., Ste. 628  
Houston, TX 77098  
(713) 533-4363  
*Psychiatry*

### **Baylor Psychiatry Clinic**

1977 Butler Blvd.  
Houston, TX 77030  
(713) 798-4857

### **Kristen Chambliss, PhD**

(281) 480-2000  
*Therapy*

### **Center for Creative Resources**

816 Hawthorne St.  
Houston, TX 77006  
(713) 461-7599

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Viviana A. Coles, DMFT, LMFT-S, CST**

1302 N. Shepherd Dr.  
Houston, TX 77008  
(713) 542-2221  
*Therapy*

**Denver Harbor Family Clinic**

424 Hahlo St.  
Houston, TX 77020  
(713) 674-3326

**Depression and Bipolar Support Alliance**

3800 Buffalo Speedway, Ste. 350  
Houston, TX 77098  
(713) 600-1131

**Sherry Duson, MA**

3418 Mercer St., #201  
Houston, TX 77027  
(713) 506-2522  
*Postpartum depression*

**Family Services of Greater Houston**

4625 Lillian St.  
Houston, TX 77007  
(713) 861-4849  
*Sliding scale*

**Harris Health Behavioral Health**

(713) 566-6509  
*Therapy*  
*Psychiatry*

**Hope and Healing Center**

717 Sage Rd.  
Houston, TX 77056  
(713) 871-1004

**Houston Area Community Services**

(713) 426-0027

**Houston Galveston Institute**

3316 Mount Vernon St.  
Houston, TX 77006  
(713) 526-8390

**Innovative Alternatives**

1335 Regents Park Dr., Ste. 240  
Houston, TX 77058  
(832) 864-6000



This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Interface-Samaritan Counseling Center**

4803 San Felipe St.  
Houston, TX 77056  
(713) 626-7990

**Jewish Family Service**

4131 South Braeswood Blvd.  
Houston, TX 77025  
(713) 667-9336

**The Krist Samaritan Center**

17555 El Camino Real  
Houston, TX 77058  
(281) 480-7554

**Legacy Community Health**

1415 California St.  
Houston, TX 77006  
(832) 548 5000  
*Sliding scale*

**Patricia Mahlstedt, LPC**

4200 S Shepherd Dr.  
Houston, TX 77098  
(713) 523-8582

**Montrose Center**

401 Branard St.  
Houston, TX 77006  
(713) 529-0037  
*LGBT*

**NAMI Greater Houston**

P.O. Box 66270  
Houston, TX 77266  
(713) 970-4419

**Patricia Perrin, PhD**

6300 West Loop South, Ste. 390  
Bellaire, TX 77401  
(713) 338-9214

**Sandhya Prashad, MD**

5420 West Loop South, #2100  
Bellaire, TX 77401  
(832) 436-4055  
*Psychiatry*

This list is not all-inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Rhoda Sepowitz, MD**  
4545 Bissonnet St., #275  
Bellaire, TX 77401  
(713) 432-0200  
*Psychiatry*

**University of Houston-Clear Lake**  
2700 Bay Area Blvd.  
Houston, TX 77058  
(281) 283-3330  
*Sliding scale*

**UH Psychology Research and Services Center**  
4505 Cullen Blvd., Entrance 8  
Houston, TX 77004  
(713) 743-8600

## **PSYCHIATRIC HOSPITALS**

**Behavioral Hospital of Bellaire**  
5314 Dashwood Dr., Ste. 200  
Houston, TX 77081  
(713) 600-9500  
*Will accept ages 12+*

**Cypress Creek Hospital**  
17750 Cali Dr.  
Houston, TX 77090  
(281) 586-7600  
*Will accept ages 13+*

**Houston Behavioral Healthcare Hospital**  
2801 Gessner Rd.  
Houston, TX 77080  
(832) 834-7710  
*Will accept ages 13+*

**IntraCare North Hospital**  
1120 Cypress Station  
Houston, TX 77090  
(281) 893-7200  
*Will accept ages 6+*

**IntraCare Lake Jackson**  
120 S. Parking Place  
Lake Jackson, TX 77566  
(979) 292-0113  
*Will accept ages 6+*

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

**Kingwood Pines Hospital**

2001 Ladbroke Dr.  
Kingwood, TX 77339  
(281) 404-1001  
*Will accept ages 5+*

**Memorial Hermann Mental Health Crisis Clinic**

(713) 338-7043

An outpatient mental health service provider meant to serve individuals in crisis situations. This service is provided regardless of insurance and even if the patient is uninsured. Three locations.

**Northeast Clinic**

9813 Memorial Blvd., Ste. A  
Humble, TX 77338  
– Monday- Friday 8am-6pm

**Spring Branch Clinic**

10780 Westview Dr., Ste. C  
Houston, TX 77043  
–Sunday-Thursday 2pm-12am  
–Every other Saturday 8am-4pm

**Meyerland Clinic**

4850 W. Belfort  
Houston, TX 77035  
–Monday-Friday 10pm-8am

**Neuropsychiatric Center**

1502 Taub Loop  
Houston, TX 77030  
(713) 970-7070

**Sun Behavioral**

7601 Fannin St.  
Houston, TX 77054  
(713) 796-2273  
*Will accept ages 18+*

**U.T. Harris County Psychiatric Center**

2800 S MacGregor Way  
Houston, TX 77021  
(713) 741-3883  
*Will accept ages 4+*

**West Oaks Hospital**

6500 Hornwood  
Houston, TX 77074  
(713) 995-0909  
*Will accept ages 6+*

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

## **SUBSTANCE ABUSE**

### **AAMA Casa Phoenix**

6001 Gulf Freeway  
Houston, TX 77023  
(713) 929-2454

*Residential treatment center for boys age 13-17*

### **AAMA Project Tejas**

(713) 926-9491

*Individual and family counseling*

### **Adapt Programs**

20514 Hwy 6, Ste. A  
Manvel, TX 77578  
(832) 457-3540

*Intensive outpatient*

### **Center for Success and Independence**

3722 Pinemont Dr.  
Houston, TX 7701  
(713) 426-4545

*Residential and intensive outpatient ages 12-17*

### **The Council on Recovery**

303 Jackson Hill St.  
Houston, TX 77007  
(713) 914-0556

*Therapy*

*Screening and assessment*

*High risk behavior class*

*Case management for pregnant women or new mothers*

### **Gulf Coast Center Adolescents in Recovery**

3201 FM 2004 Bldg. 1  
Texas City, TX 77591  
(409) 944-9439

### **Palmer Drug Abuse Program**

Three Memorial City Plaza  
840 Gessner, Ste. 1300  
Houston, TX 77024  
(281) 589-4602; (281) 589-4833

### **Odyssey House**

5629 Grapevine St  
Houston, TX 77085  
(713) 726-0922

This list is not all –inclusive and is subject to change. Please check with your insurance to verify in-network providers. Your insurance can provide additional providers upon request.

*Residential treatment center ages 13-17*

**Memorial Hermann Prevention and Recovery Center**

3043 Gessner St.  
Houston, TX 77080  
(713) 939-7272

*Residential and intensive outpatient ages 13-17*

**New Dimension Day Hospital-Clear Lake**

1345 Space Park Dr., Ste. C  
Houston, TX 77058  
(281) 333-2284

**New Dimensions Day Hospital-The Woodlands**

111 Vision Park Blvd, Ste 260  
Conroe, TX 77384

**Phoenix House**

501 Garden Oaks Blvd  
Houston, TX 77018  
(713) 230-8032  
*Intensive outpatient*

**The Right Step/Houston Southwest**

**The Right Step Fort Bend**

11925 Southwest Fwy, Ste. 12  
Stafford, TX 77477  
(844) 756-2657  
*Intensive outpatient*

**The Right Step/Houston North**

2159 FM 1960 West, Ste. 111  
Houston, TX 77090  
(844) 756-2657  
*Intensive outpatient*

**The Right Step/Houston Galleria**

2400 Augusta Dr., Ste. 372  
Houston, TX 77057  
(844) 756-2657  
*Intensive outpatient*

**The Right Step/Katy**

403 W. Grand Parkway S., Ste. G  
Katy, TX 77494  
(844) 756-2657  
*Intensive outpatient*

**The Right Step/The Woodlands**

25319 I-45 N., Ste. 102  
Spring, TX 77380  
(844) 756-2657

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*Intensive outpatient*

**Shamar Hope Haven Residential Treatment Center**

2913 Wheeler St  
2719 Truxillo St.  
Houston, TX 77004  
(713) 942-8822  
*Boys age 10-17*

**Tri-County Behavioral Healthcare**

1020 Riverwood Ct.  
Conroe, TX 77304  
(936) 521-6380

**POST-PARTUM DEPRESSION**

**Margaret Basu, MD (Psychiatrist)**

2211 Norfolk Street Suite 628  
Houston, TX 77098  
713-533-4363

**Baylor Psychiatry Clinic**

713-798-4857  
*\$100 initial fee*  
*\$75 return/medication therapy visits*

**Viviana Arango Coles, PhD (Therapist)**

1302 N. Shepherd Dr.  
Houston, TX 77008  
713-542-2221

**The Council on Alcohol and Drugs Houston's Center for Women & Children:**

Case management and parent education services for pregnant and postpartum women who have a history of, or are at risk for substance use/abuse.

303 Jackson Hill St.  
Houston, TX 77007  
713-942-4100

**Sherry Duson (Therapist)**

3418 Mercer St # 201  
Houston, TX 77027  
713-506-2522

**Patricia Mahlstedt (Psychologist)**

4200 South Shepherd Dr.  
Houston, TX 77098  
713-526-8582

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### **Med Ed PPD**

A professional education, peer-reviewed web site developed with NIMH to educate primary care providers who treat women who have or are at risk for postpartum depression (PPD); also provides information for women with PPD and their friends and family members.

[www.mededppd.org](http://www.mededppd.org)

### **Mother to Mother Support Group**

The Women's Place at Texas Children's Pavilion for Women  
6651 Main St., 4<sup>th</sup> Floor, Ste. F475.20  
Houston, TX 77030  
832- 826-5281

**Patricia Perrin, PhD** (Psychologist)  
OCD and Anxiety Treatment Center  
6300 West Loop South Suite 390  
Bellaire, TX 77401  
713-338-9214

### **Postpartum Adjustment Support Group (Memorial City area):**

713-932-3530

### **Postpartum Depression Hotline**

1-800-PPD-MOMS (1-800- 773-6667)

### **Postpartum Support International (PSI):**

Postpartum Support International's purpose is to increase awareness among public and professional communities about the emotional changes that women experience during pregnancy and postpartum.

1-800-944-4773

<http://www.postpartum.net>

### **Sandhya Prashad, MD** (Psychiatrist)

5420 West Loop South, #2100  
Bellaire, TX 77401  
832-436-4055

### **Pregnancy and Postpartum Depression Support Group (The Woman's Hospital of Texas):**

713-791-7593

### **Dr. Rhoda Sepowitz** (Psychiatrist)

4545 Bissonnet Street #275,  
Bellaire, TX 77401  
713-432-0200

### **The Women's Place at Texas Children's Hospital Pavilion for Women**

(Psychiatry and therapy)

6651 Main St.  
Houston, TX 77030  
832- 826-5281

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## **SUICIDE HOTLINES (24 hour crisis lines)**

MHMRA crisis line 713-970-7070 (24 hour crisis intervention, suicide assessments, and intervention, referrals)

1-800-273-TALK (1-800-273-8255)

1-800-SUICIDE (1-800-784-2433)

Teen Crisis Line 713-529-8336 or text “teen” to 78249

Gay and Lesbian Switchboard of Houston 713-529-3211

911