

Telehealth Parent Directed Treatment Programs

1. University of Houston Clear Lake Center for Autism and Developmental Disabilities (CADD)

CADD has a Connecting the Dots (CTD) program that is a hands-on caregiver-training program focused on communication and behavior management of individuals diagnosed with autism spectrum disorder ages 2-18. Treatment focuses on decreasing problem behavior and increasing language and/or social skills simultaneously. Services are fully grant funded and are free to families.

If this sounds like something you would be interested in, or if you would like more information, please contact connectingthedots@uhcl.edu

2. The Center on Disability and Development at Texas A&M University (English/Spanish)

The Center on Disability and Development at Texas A&M University is offering parent coaching at no cost for any caretaker of a child up to 22 years old with Autism Spectrum Disorder! Parents and caregivers will learn how to improve their child's communication skills.

The parent coaching includes a 1-hour self-paced webinar that teaches behavioral strategies to increase communication use in children with ASD. Once complete, there is also the option to be paired with a coach for more intensive 8-week coaching specific to their child's communication needs (again, at no cost to parents). Coaching is offered in English and Spanish.

If you are interested in participating, please register here: <https://autism.tamu.edu> or email Sanikan Wattanawongwan at TAMUAuParent@tamu.edu.

3. UT Project SKILLS (English/Spanish)

The University of Texas Project SKILLS is offering a training at no cost to parents or caregivers of children up to age 22. The training is conducted via videoconferencing from your home computer, smart phone, iPad, or tablet and consists of 1 online 2-hour group for parents and seven online 1-hour individual sessions for parent and child.

If you are interested in participating, please call 512-471-3841 or e-mail utprojectskills@gmail.com.

4. Baylor University's Caregiver Coaching Program (English/Spanish)

Baylor University is offering free evidence-based videoconferencing training for families who live in Texas and have a child who is 17 years or younger and diagnosed with autism.

There are 3 ways the trainings are provided:

- Caregiver Coaching: 6 to 8 weeks, with 1 to 2 virtual at home visits per week to learn to implement individualized interventions, related to goals that you've selected. If needed, Baylor can provide access to all necessary technology.
- Online Informational Videos: Accessible regardless of coaching participation
- Monthly Online Trainings

Contact Stephanie Gerow, Ph.D., BCBA-D and the Baylor University research team at caregivercoaching@baylor.edu or 254-447-8463.

5. Texas Tech Burkhart Center for Autism – Texas Telehealth Outreach Clinic for Autism

This program offers free telehealth training for parents and caregivers of children with autism, focusing on issues such as social skills, communication, emotional regulation and behavior management.

For more information, contact mobile.burkhartclinic.educ@ttu.edu.

FEAT-Houston also offers an electronic newsletter that includes a calendar of trainings and programs being offered across the Houston area. For more information, visit www.feathouston.org.