

# **Helpful Websites**

## **General Autism Information**

- Autism Speaks (2021). *What is autism?* Retrieved from <https://www.autismspeaks.org/what-autism>.
- CDC (2021). *Autism spectrum disorder (ASD)*. Retrieved from <http://www.cdc.gov/ncbddd/autism/index.html>
- Association for Science in Autism Treatment (2021). *Learn about specific treatments*. Retrieved from <https://asatonline.org/for-parents/learn-more-about-specific-treatments/>

## **Behavior Management**

- FEAT Houston (2021). *Learn about ABA*. Retrieved from <http://www.feathouston.org/resources/learn-about-aba/>.
- Autism Speaks (2018). *Challenging behaviors tool kit*. Retrieved from <https://www.autismspeaks.org/family-services/tool-kits/challenging-behaviors-tool-kit>.
- Autism Speaks (2021). *Toilet Training Guide*. Retrieved from <https://www.autismspeaks.org/tool-kit/atnair-p-toilet-training-guide>

## **Educational Needs**

- The Arc of Texas (2018). *Individuals with Disabilities Education Act (IDEA) Manual*. Retrieved from <https://www.thearcoftexas.org/wp-content/uploads/IDEA-Manual-2018.pdf>.
- Navigate Life Texas (2021). *Special education 101*. Retrieved from <https://www.navigatelifetexas.org/en/education-schools/special-education-101>
- Partners Resource Network (2021). *Ten basic steps in the special education process*. Retrieved from <https://www.navigatelifetexas.org/en/education-schools/special-education-101>.

## **Funding Options**

- Navigate Life Texas (2021). *Funding and grants for children with disabilities*. Retrieved from <https://www.navigatelifetexas.org/en/insurance-financial-help/funding-grants-for-children-with-disabilities>

## **Sibling and Family Support**

- Autism Speaks (2021). *A sibling's guide to autism*. Retrieved from <https://www.autismspeaks.org/tool-kit/siblings-guide-autism>
- Autism Speaks (2021). *A grandparent's guide to autism*. Retrieved from <https://www.autismspeaks.org/tool-kit/grandparents-guide-autism>

## **Social Skills**

- Autism Speaks (2021). *Social skills and autism*. Retrieved from <https://www.autismspeaks.org/family-services/community-connections/social-skills-and-autism>

## Helpful Books

### What is autism?

- Verdick, E., & Reeve, E. (2012). *Kids with autism spectrum disorder and their parents*. Minneapolis, MN: Free Spirit Publishing.

### Educational Needs

- Anderson, W., Chitwood, S., Hayden, D., & Takemoto, C. (2008). *Negotiating the special education maze*. Bethesda, MD.: Woodbine House.
- McClannahan, L., & Krantz, P. (2010). *Activity schedules for children with autism: Teaching independent behavior*. Bethesda, MD.: Woodbine House
- Rogers, S., Dawson, G., & Vismara, L. (2012). *An early start for your child with autism: Using everyday activities to help kids connect, communicate, and learn*. New York, NY: Gilford Press.
- Rogers, S., & Dawson, G. (2009). *Early start Denver model for young children with autism*. New York, NY: Gilford Press.

### Behavior Management

- Baker, J. (2008). *No more meltdowns*. Arlington, TX: Future Horizons Inc.
- Fein, D., Helt, M., Brennan, L., Barton, M. (2015). *The activity kit for babies and toddlers at risk: Everyday routines to build social and communication skills*. New York, NY: The Guilford Press.
- Kids Do Matter (2005). *The little book of big parenting*. Baltimore, MD.: National Emergency Medicine Association.
- Phelan, T. (2020). *1-2-3 Magic: 3-step discipline for calm, effective, and happy parenting*. San Francisco, CA: Blurb Inc.
- Wheeler, M. (2007). *Toilet training for individuals with autism or other developmental issues*. Arlington, TX: Future Horizons Inc.

### Sibling and Family Support

- Batson, E. (2011). *I have needs too! Supporting the child whose sibling has special needs*. Written and published by Elizabeth A. Batson.
- Bleach, F. (2001). *Everybody is different: A book for young people who have brothers or sisters with autism*. City Road, London: The National Autistic Society

### Social Skills

- Carter, J., & O'Shaughnessy, M.A. (2015). *Prep for social success: A guide for parents of children with autism*. [http://www.amazon.com/dp/B00WQANRI4/ref=cm\\_sw\\_su\\_dp](http://www.amazon.com/dp/B00WQANRI4/ref=cm_sw_su_dp).
- Densmore, A. (2007). *Helping children with autism become more social*. [http://www.amazon.com/gp/product/0275997022/ref=as\\_li\\_ss\\_tl?ie=UTF8&tag=autispea-20&linkCode=as2&camp=217145&creative=399369&creativeASIN=0275997022](http://www.amazon.com/gp/product/0275997022/ref=as_li_ss_tl?ie=UTF8&tag=autispea-20&linkCode=as2&camp=217145&creative=399369&creativeASIN=0275997022).
- Labosh, K. (2004). *The child with autism goes to town*. East Petersburg, PA.: Labosh Publishing.