

MENTAL HEALTH SERVICES FOR MEDICAID OR LOW INCOME FAMILIES

Family Houston (Multiple Locations)

www.familyhouston.org

713-861-4849

- Trauma Informed Care
- Spanish Speaking

DePelchins

www.depelchin.org

713-730-2335

- Trauma Informed Care
- Spanish Speaking
- Sliding fee scale

Pathways Youth and Family Services

www.pathway.org

832-726-0888

- Trauma Based Therapy
- Psychiatry and Counseling
- Accepts Amerigroup/Superior Medicaid

Clear Lake, Houston-North Loop, Austin, San Antonio, Dallas

Green Tree Behavioral Health and Counseling Services

www.Greentreebehavioralhealth.com

713-588-4390

- Private practice sole practitioner
- Accepts Medicaid

Catholic Charities

<https://catholiccharities.org/>

713-874-6602

- Sliding fee scale
- Family assistance
- Pregnancy and Parenting support

Abiding Christian Therapy

<https://abidingchristiantherapyllc.com/>

713-453-2300

- Accepts Medicaid
- Sliding fee scale
- Eastside Area
- 2 Christian Therapist and a student/contracted with CPS

Renewing Home

www.renewinghope.net

713-365-0700

- Accepts Medicaid
- Sliding fee scale
- Christian based

Northshore Counseling Center

www.nshore.cc

713-637-6009

- Accepts Medicaid
- Eastside of Houston

Texas Family solutions

www.txfamilysolutions.net

979-297-4335

- Accepts Medicaid
- Spanish speaking services available
- Lake Jackson location
- couples, individual, family therapy

Fuller Life Family Therapy Institute - nonprofit

www.Fullerlifefamilytherapy.org

855-245-5433

- Sliding fee scale
- Free counseling with students
- Couples, family, parenting, individual therapy

Shield Bearer

www.shieldbearer.org

281-894-7222

- Nonprofit, charitable organization
- North Houston areas with multiple locations

Family Service Center of Galveston County

www.fsc-galveston.org

409-762-8636

- Trauma Focused Care
- Parent Education
- Free or sliding fee mental health

Counseling Connections for Change

www.counselingconnections.org

281-485-9280

- Sliding fee scale
- Pearland
- Non-profit organization
- Helps with foster care reunification

Trauma Reliance Center at UT Health

<https://med.uth.edu/psychiatry/research/centers/trauma-and-resilience-center/services/>

713-486-2630

- Reduced or Free services

The Adolescent Center and Mental Health Services

<http://www.theadolescentcenter.com/>

832-484-2635

- River Oaks
- Accepts Medicaid
- CPS psychological evaluations

- CANS Assessments
- Trauma Therapy

Center for Family Consultation

<https://www.cfctexas.com/>

713-526-4751

- Spanish Speaking
- Family therapy
- trauma resolutions
- School consult
- Accepts Medicaid

Hope Psychological Services

www.drpaigeschultz.com

281-971-9066

- Spring Area
- Trauma Focused Cognitive Behavioral Therapy
- Medicaid
- Supports Children in Foster Care

Directory of Therapists

www.psychologytoday.com

- search by zip code, insurance, age, main concern

Harris Center (Harris County)

713-970-7000 (Intake Line)

713-970-7000, option 1 (Crisis Line)

Gulf Coast Center (Galveston and Brazoria Counties)

1-800-643-0967 (Intake Line)

1-866-729-3848 (Crisis Line)

Texana Center (Austin, Colorado, Fort Bend, Waller, and Wharton Counties)

281-239-1363 (Intake Line)

1-800-633-5686 (Crisis Line)

Tri-County Behavioral Healthcare (Montgomery, Walker and Liberty Counties)

936-521-6100 (Main Line)

1-800-659-6994 (Crisis Line)

Spindletop Center (Chambers, Hardin, Jefferson and Orange Counties)

1-800-317-5809, ext 5481 (Intake Line)

1-800-937-8097 (Crisis Line)