

Your Child's Procedure at Texas Children's Hospital West Campus



Your child is scheduled for a procedure under sedation at Texas Children's Cancer Center Clinic. The only procedures done in the clinic are spinal taps [also called lumbar punctures] with or without chemotherapy. We offer sedation with two intravenous medications (fentanyl and versed).

Your Child's Clinic Visit before the Procedure

- Your child may have CLEAR LIQUIDS [Sprite, apple juice, water, Pedialyte] up to 2 hours before sedation. It takes about 2 hours from arrival in clinic to starting the procedure.
- The drink will need to be finished when your child is taken to the procedure room.
- The nurse will keep them 'NPO' after drinking the clear liquid.
 - NPO means 'nil per os', or "nothing by mouth".

GUIDELINES FOR WHEN YOUR CHILD CAN EAT OR DRINK

Clear liquids	Last drink 2 hours BEFORE anesthesia or sedation	Water, Sprite, Pedialyte, apple juice
Breast milk	Last drink 4 hours BEFORE anesthesia or sedation	
Infant formula, other milk	Last drink 6 hours BEFORE anesthesia or sedation	
Light Meals	Last eaten 6 hours BEFORE anesthesia or sedation	Dry toast, crackers, cereal, low fat yogurt
Heavy Meals	Last eaten 8 hours BEFORE anesthesia or sedation	Meat, cheese, fatty or fried foods, ice cream
Medications	Usual time with sip of water	Check with your Doctor or Advanced Practice Provider

- Your child's lab work and physical exam will help the doctor know it is okay to have the procedure.
- IV fluids will be started on your child to
 - have an IV for sedation
 - help keep your child's blood sugar level normal
 - help keep your child's blood pressure normal.
- Your child will be roomed in the procedure pod. During this time your child will be receiving chemotherapy or hydration by one of the nurses. For the best safety for your child, six different clinic staff (doctors, nurses and pharmacists) will be checking to make sure your child is receiving the correct chemotherapy they are due. These safety checks

will take some time to complete before the medication can be prepared by the pharmacy.

There is one procedure room and one patient per room. Each procedure for each patient is carefully planned and performed.

- Your child's medical history, blood work and physical exam will be checked by the nurse and doctor.
- The nurse will make every effort to keep you updated on your child's procedure time.

In the Procedure Room

- The nurse will ask you if you understand the procedure your child will have performed and check your child's identity.
- The correct consent and procedure will be checked.
- You may remain with your child in the procedure room, or you may choose to wait in the infusion room.
- Most procedures take 15 minutes once started.
- When the procedure is done, your child will be closely monitored until he or she is awake. He or she will need to lie flat for 30 minutes following a lumbar puncture.

After the Procedure

- Your child's doctor will decide if your child will be discharged to home, or be admitted to the hospital for further treatment.
 - You may remove the dressing 24 hours after the procedure. Do not take a bath the night of the procedure and avoid getting the dressing wet.
 - If your child has fever, pain, or other concerns at home after the procedure, during working hours please call the West Campus clinic at 832-227-1090.
 - If you have concerns after hours please call the WEST CAMPUS doctor on call through the Page Operator at 832-822-2099.

If you have any questions, concerns or suggestions about your child's procedure or clinic visit, please ask to speak to a member of the administrative team – we are all here to help!

The Cancer and Hematology Centers Leadership Team