

# Houston Area Parent Support Groups/Grupos de Apoyo en Houston

## **AutismShare (Woodlands and Pearland)**

<http://autismshareamerica.org/>

832-779-0742

## **Attention Deficit Disorders Association- Southern Region**

**(multiple meeting locations)**

<http://www.adda-sr.org/Support-Groups.html>

## **Depression Bipolar Support Alliance of Houston**

<https://www.remindsupport.org/>

713-600-1131

## **Down Syndrome Association of Houston**

<http://dsah.org/>

713- 682-7237

## **Familias Hispanas de Arc - Español**

[myrta@aogh.org](mailto:myrta@aogh.org)

713-957-1600

## **Families CAN**

[www.coe.uh.edu/pep](http://www.coe.uh.edu/pep)

713-743-5491

## **Fragile X Alliance of Houston**

<https://fragilex.org/fragile-x-alliance-of-texas-houston/>

713-494-3115

## **Friends & Families of Asians with Special Needs**

<http://www.ffasn.org/>

281-840-8435

## **Galveston-Houston Families Exploring Down Syndrome**

<http://www.gclfeds.org/>

281-736-8008

## **Grupo De Apoyo para Padres - Español**

713-366-7413

## **Houston Autism Resources and Support**

[www.meetup.com/autism-237/](http://www.meetup.com/autism-237/)

[harsgroup2015@gmail.com](mailto:harsgroup2015@gmail.com)

## **Katy Autism Support**

[www.katyautismsupport.com](http://www.katyautismsupport.com)

[kgreeceman@aol.com](mailto:kgreeceman@aol.com)

## **National Alliance on Mental Illness Family Support Groups**

<https://namigreaterhouston.org/support-groups-2/family-support/>

713-970-4419

## **Pearland Autism Connection**

<https://pearlandautismconnection.weebly.com/>

281-910-5412

## **The Tourette Association - Texas Chapter**

<http://www.tourettetexas.org/>

281-238-8096

## **Texas Hands & Voices**

<http://www.txhandsandvoices.org/gbys/index.php/services>

936-463-8948

## **Texas Parent to Parent**

<https://www.txp2p.org/services/talk-to-another-parent>

866-896-6001