



Texas Children's Hospital



**Texas Children's Hospital
Pulmonary
Chest Pain Educational Materials**

Description:

- Persistent or recurrent chest pain associated with respiratory symptoms and/or abnormal lung function or exercise testing and/or abnormal chest x-ray.

Data Needed:

Brief Clinical Summary or Recent Clinic Note that includes:

- Chief concern
- Previous treatments and response
- Respiratory history including birth history
- All chest x-ray reports (copy of images if done outside TCH)
- Cardiology evaluation (if done outside TCH)
- Other lab results
- Ask patient/family to keep symptom diary for at least one week before appt.

Initial Work-

- Chest x-ray
- Spirometry (pre/post bronchodilator if age ≥ 6)
- Trial of bronchodilator if associated with wheezing, cough, or dyspnea
- Cardiology evaluation (if palpitations, syncope, heart murmur, cardiomegaly)
- Rheumatology evaluation (if other joint pain or muscle symptoms, chest wall tenderness?)

Referrals:

- Persists more than 1 month or is worsening
- Symptoms interfering with daily activity
- Frequent school absences
- Associated respiratory symptoms such as cough, wheezing, dyspnea)
- Abnormal chest x-ray or lung examination