I am going to the eye doctor today!

1. After I check in, I will get a buzzer to hold while I wait.

2. While I am in the reception room, I can read books, listen to music or watch a movie.

3. My buzzer will light up and beep when it’s my turn to get my eyes checked.

4. When my family and I get to the exam room, I will sit in a big chair.

5. The technician will check my vision and may put eye drops in my eyes.

6. The eye drops have to set in my eyes, so I can go to the reception room and play.
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When my eyes are ready (about 30-45 minutes later), the assistant will call my name to visit with the doctor.

The doctor will show me letters on a TV and will look at my eyes with a light.

When I leave, I will get cool sunglasses to protect my eyes from the outside light.

For Parents and Caregivers

If your child’s eyes are not being dilated, plan to leave our office about 1 hour from when your appointment starts.

If your child’s eyes are being dilated, plan to leave our office about 2 hours from when your appointment starts.

Any clinic delays are communicated on the white board behind the Welcome Desk.

Texas Children’s Hospital Ophthalmology
texaschildrens.org/ophthalmology
For an appointment call 832-822-3230