



Bowlegs

Bowlegs, or legs that curve outwardly, is normal until the age of 3 and will usually improve on its own. Children whose bowlegs do not get better around age 3 should see a doctor for x-rays and possible treatment.

CAUSES AND RISK FACTORS

Having bowlegs is part of normal growth for most children. Genetics and obesity can also impact bowleggedness.

SYMPTOMS AND TYPES

There is usually no pain associated with bowlegs. Bowlegs are typically symmetric. In young children, if one leg curves outwardly and the other does not, an orthopedic specialist should be consulted.

DIAGNOSIS AND TESTS

Children suspected of having bowlegs should have a physical exam and x-rays after the age of 3.

TREATMENT AND CARE

Observation by a health care provider is usually the best treatment for bowlegs.

LIVING AND MANAGING

There are no adverse symptoms associated with bowleggedness.



**Need an appointment or have questions?
Call 832-822- 3100 for the Main Campus Clinic and
Health Centers.
For our West Campus location, call 832-227-7678.**